Meghan Grady joined Meals on Wheels of RI as its fourth executive director in June 2019, bringing with her over 15 years of progressive experience in nonprofit leadership. Prior to joining our team, Grady was chief operating officer at YWCA Rhode Island for eight years, where she was responsible for internal operations and day-to-day leadership of the organization. She oversaw an annual budget of $3.2 million and locations in Central Falls, Coventry, Providence and Woonsocket. She previously held leadership positions within the City of Providence during Mayor Angel Taveras' administration and at the American Heart Association.

Her career has garnered many accolades. She was named a Providence Business News 40 under 40 and received a United Way of Rhode Island Young Leaders Spark! Award, both in 2016. In 2017, Grady was selected for the nationally competitive Allstate Foundation Greater Good Nonprofit Leaders Program. In 2015, she was awarded a Hassenfeld Public Service Fellowship and completed Harvard University Kennedy School of Government's Leadership Decision Making executive education program. She also has won a Roger Williams Young Alumni of Achievement Award.

Grady serves on the United Way of Rhode Island Board of Directors. She holds a master's degree in public administration from Roger Williams University and a bachelor's degree from Merrimack College. A native Rhode Islander, she lives in Barrington with her husband, Eric P.W. Hall.