Our clients love to receive “treats” from caring individuals—those who have taken the time to make something thoughtful that can brighten the day of a homebound senior.

The most commonly made items are placemats and bookmarks; many of our seniors are avid readers and/or like to display the bookmarks in their homes.

There are no specific designs or materials to use when decorating a placemat or bookmark.

You can use construction paper, card stock, pre-cut paper placemats which can be purchased online, or another material of your choosing.

Designs can be evergreen—not tied to a specific occasion—or decorated for a holiday, i.e. Valentine’s Day or St. Patrick’s Day.

Designs can contain artwork or words, or a combination of both.

**Items may be mailed to:**

Meals on Wheels of RI  
Attn: Development Department  
70 Bath St.  
Providence, RI 02908

Making placemats and/or bookmarks is also a great team-building exercise and can be done virtually via video conferencing. If you have a large number of items, we can also arrange to pick them up.

Participants in this volunteer activity are also encouraged to make a financial donation to Meals on Wheels of RI by visiting [WWW.RIMEALS.ORG](http://WWW.RIMEALS.ORG)