

# SENIOR SMILES

**It only takes a few minutes to brighten someone's entire day.**

Because of their homebound status and because most live alone, our clients do not usually see anyone other than their Meals on Wheels of RI delivery driver on a regular basis.

Many clients are also of an age where the majority of their friends have passed on and have families who do not live nearby. For them, there is no one with whom to celebrate holidays, birthdays, or to sit down with over a nice cup of coffee.

While we work to help ease their feelings of isolation and loneliness by offering a friendly visit with one of our volunteers during their daily meal delivery, you can also let them know someone is thinking of them and cares about how they are doing.

Senior Smiles, launched in spring 2020 as part of our COVID-19 response, engages caring individuals to send a note of cheer to one—or many!—of our homebound clients.

**There are no specific words or cards to use; you may either buy a greeting card or make one out of construction paper or similar material. Then, write a short note, and mail the card(s) to:**

**Meals on Wheels of RI  
Sending Senior Smiles  
70 Bath St.  
Providence, RI 02908**

We will deliver your note a client with their daily home-delivered meal.

*This program is ongoing.*



Participants in this volunteer activity are also encouraged to make a financial donation to Meals on Wheels of RI by visiting [WWW.RIMEALS.ORG](http://WWW.RIMEALS.ORG)