



# CAPITAL CITY CAFÉ MENU December 2021

Catered by Encore

Menu subject to change - Menu items may contain nuts, seeds, beans, wheat, bran & other allergens

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#MoreThanAMeal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>VOLUNTARY SUGGESTED DONATION:</b> \$3.00 PER MEAL Make checks payable to: <b>Meals on Wheels of RI</b> <b>70 Bath St.</b> <b>Providence RI, 02908</b> Thank you for your donation!	<i>Meals on Wheels of RI is a nonprofit organization funded in part by the U.S. Administration on Aging (AoA) &amp; state funds through the R.I. Office of Healthy Aging.</i>	Mushroom barley soup Meatball grinder Roasted zucchini & carrot Apple slices Multi grain roll <b>Egg salad on rye</b>	Vegetable soup Stuffed meatloaf Mashed potatoes Green beans Snowflake roll Sliced pears <b>Chicken Salad on Wheat</b>	Kale and Bean soup Baked fish Provençal Rice pilaf Mixed vegetables Chocolate chip cookie <b>Ham &amp; Swiss on wheat</b>
Minestrone soup Italian Shepard's pie Mashed potato Cubed melon Whole wheat roll <b>Chicken sandwich on wheat</b>	Tomato Soup French onion baked chicken Mixed vegetable Sweet potato Pudding <b>Ham salad on wheat</b>	Split Pea soup Steak & potatoes w/ garlic butter Sliced carrots Multi grain roll Sliced peaches <b>Turkey on rye</b>	Beef lentil soup Chicken Parmesan Seasoned cauliflower w/ broccoli Roasted potato Italian bread / Brownie <b>Seafood Salad on rye</b>	Chicken soup Sloppy joe Cole slaw Potato wedges Multi grain roll <b>Egg Salad on Wheat</b>
Cream of broccoli soup Mixed greens w/ tomatoes Lasagna roll-up w/meat sauce Sliced Italian bread Yellow cake <b>Seafood Salad on wheat</b>	Navy bean soup Beef tacos Whole grain tortilla Roasted corn salsa/sour cream/Lettuce/tomato <b>Tuna salad on rye</b>	Chicken soup Swedish meatballs Mashed potato Mixed vegetable Biscuit Chocolate chip cookie <b>Salami &amp; cheese on wheat</b>	Sweet potato bisque Stuffed pork loin w/apples Roasted potato Peas & carrots/ parker house roll Holiday dessert <b>BBQ chicken on wheat</b>	Clam chowder (Red) Baked fish w/ lemon butter Rice pilaf Broccoli Florets Fresh fruit <b>Egg salad on wheat</b>
Chicken noodle soup Fresh fruit Baked ziti w/meatballs, sausage & cheese Broccoli Garlic bread <b>Ham &amp; cheese on rye</b>	Tomato soup Chicken cacciatore Fingerling potatoes Green beans Multi grain roll Pudding <b>Egg Salad on Wheat</b>	Vegetable soup Tossed salad Sausage & pepper sandwich Wheat roll Sliced apples <b>Chicken Salad on Wheat</b>	Pasta & bean soup Chicken cordon bleu Rice pilaf (brown rice) Zucchini Fresh fruit <b>Turkey &amp; Provolone on Wheat</b>	<p style="text-align: center;"><b>Holiday</b></p> <p style="text-align: center;"><b>Café sites will be closed</b></p>
Minestrone Soup Pub Burger w/Cheese on WW Roll Mixed Vegetable Cookie <b>Turkey &amp; Swiss on Wheat</b>	Beef Stew Tossed salad Wheat roll Brownie <b>Salami &amp; cheese on Wheat</b>	Lentil soup Chicken Fajita w/ peppers & Onions Spanish rice Fruit salad <b>Tuna salad on wheat</b>	Tomato soup Salisbury steak w/gravy Mashed potatoes Peas & carrots / WW roll Coffee cake <b>Seafood salad on rye</b>	<p style="text-align: center;"><b>Holiday</b></p> <p style="text-align: center;"><b>Café sites will be closed</b></p>

## Happy Holidays!

Wishing you and your loved ones  
a safe, happy, and  
healthy holiday season!



## Reminder

Meals on Wheels of RI's Providence headquarters and service center will be closed on the following days this month, in recognition and observation of the holidays/

Café sites will also be closed on these days:

Friday, Dec. 24: Christmas Eve  
Friday, Dec. 31: New Year's Eve

