

2021

Mission Impact Report



A knock on the door.

Writing this introduction to our 2021 annual report, our calling card to you, our friends and supporters, to thank you for helping us to continue to empower at-risk older adults across the state to live healthy, independent lives, also provides us with a chance for reflection on the past year, the second one we've collectively spent living and working in the midst of a global pandemic.

For inspiration, we turned to the collection of notes received from our beloved clients throughout the year—which are often sources of smiles, laughter and, at times, of course, a tear or two.

In doing so, we came across this treasured note of thanks we wanted to share with you all.

“The meals provide nourishment for my body, but those who deliver my meals nourish my soul, my life. They have all become my friends, my family, my lifeline.”

Each weekday, our entire team takes enormous pride in being able to deliver a well-balanced, complete (and delicious!) meal to almost 1,400 homebound Rhode Islanders across the state who also each receive a well-being check to ensure their safety and a social visit that helps them to feel less isolated and alone.

During the height of the pandemic, we rapidly expanded our delivery services to help Rhode Islanders at an elevated risk of illness related to COVID-19 stay safe at home.

In 2021, we began serving 10 percent more clients than we were before the pandemic, filling a need that predates COVID-19 but that the pandemic helped uncover, thanks to the partnership and support of all the corporations, foundations, and individuals that you will read about in the following pages.


Now, in 2022, we continue to meet that growth in service while we also look to the future and define our vision for the new Meals on Wheels of RI through our strategic planning process.

Through it all we thank you.

Your generous support is what makes our work possible. We could not do what we do without you, serving 3,343 older adult Rhode Islanders through our flagship nutrition programs last year.

It is our great hope that you'll continue to invest your trust in us this year and for many years to come, as we continue to be #MoreThanAMeal to the seniors who need us to stay healthy, safe, and happy at home.

With gratitude,



Meghan Grady, Executive Director



Kevin Millonzi, Chairman,
Board of Directors



2021 AT A GLANCE



357,652

Nutritious Meals
Delivered



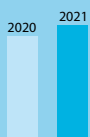
3,029

Homebound Seniors
Served



328K+

Well-Being Checks &
Social Visits Provided



10%

More Clients Served



0

Days of Service
Disruption
since March 2020

Board of Directors

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Vice President - Government Programs
Blue Cross & Blue Shield of Rhode Island

Who We Are

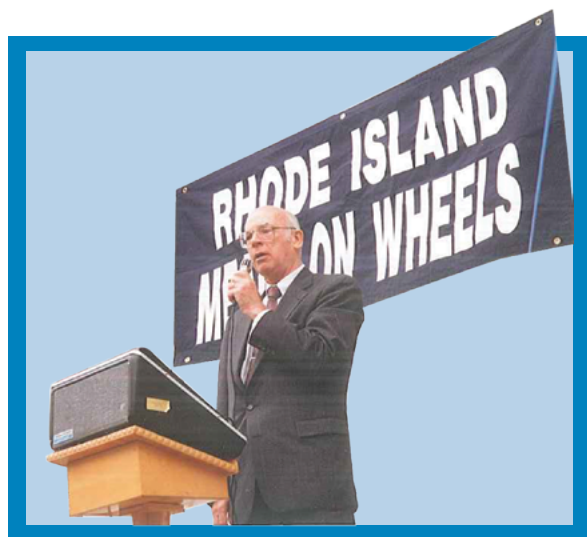


Our Vision

A Rhode Island where all seniors live nourished lives with independence and dignity.

Our Mission

Our mission is to meet the nutritional and other special needs of older adults and other eligible populations in order to help them maintain their independent lifestyles.



History

Meals on Wheels of Rhode Island was established on Feb. 6, 1969 by founder Joe Brown (1924-2014) who saw an unmet need in his community to provide nutritious meals to homebound seniors.

With a small group of volunteers, he began delivering lunchtime meals to 17 seniors in Providence out of space donated by Grace Church, located in downtown Providence.

In 1972, an amendment to the Older Americans Act allowed great expansion of this new Home-Delivered Meal Program as well as the addition of new and much-needed services to serve homebound seniors statewide.

Within its first 10 years in operation, Meals on Wheels of Rhode Island celebrated the delivery of its one millionth meal to a senior in need.

In 2019, the organization celebrated its 50th year and delivered its 19 millionth meal to a homebound senior. Also in 2019, the organization welcomed its fourth executive director, Meghan Grady, marking a new era of growth for Meals on Wheels of RI as it works to meet the needs of a growing senior population.

In 2021, we delivered more than 357,000 meals to 3,029 seniors through our Home-Delivered Meal Program. Another 314 seniors were served through the Capital City Café Program.

Over the years, much, of course, has changed at Meals on Wheels of Rhode Island, but our mission remains the same—to help enable our state's homebound older adults to remain living independently in their own homes by providing them with complete and nutritious meals, vital safety checks and critical opportunities for socialization.

What We Do

Our vital programming addresses food insecurity & social isolation as risk factors for loss of independence amongst homebound older adults.



Home-Delivered Meal Program

Meals on Wheels of RI's Home-Delivered Meal Program was established in 1969 to help ensure the physical and mental well-being of homebound seniors.

Today, the program remains the only nonprofit meal delivery program of its kind in Rhode Island, serving approximately 1,400 seniors statewide each weekday, from Woonsocket to Westerly.

Program participants receive a complete and nutritious, fully-prepared meal that meets one-third of their

recommended daily dietary intake delivered right to their door.

Providing much more than a meal, the Home-Delivered Meal Program also ensures clients' safety through a daily well-being check and works to lessen their feelings of isolation and loneliness with a friendly visit with one of our drivers.

In 2021, the program served 3,029 individuals and is on track to deliver its 20-millionth meal in mid-2022.

Capital City Café Program

More mobile seniors may participate in Meals on Wheels of RI's Capital City Café Program, which offers socialized dining at dining sites (cafés) throughout the Providence area.

In typical operation, the program provides hot, lunch-time meals that meet one-third of a senior's recommended daily dietary intake, Monday through Friday.

While some café sites have reopened for in-person dining, others remained closed due to the pandemic. Dining days and hours are subject to change.

Nutrition education is often provided at Capital City Café dining sites, along with other programming centered on the older adults' health and wellness needs and interests.



Senior Wish Program

Meals on Wheels of Rhode Island's Senior Wish Program provides program clients with gift packages of seasonal essentials, everyday necessities and other items during the winter holidays.

Through the support of corporate partners and local businesses, "wish gifts" are collected and delivered to clients. In 2021, more than 200 Meals on Wheels of RI clients received gift packages.

Packages included adult coloring books, jumbo playing cards, socks, toiletries, calendars, hats, and much more.

Pet Food Program

Meals on Wheels of RI's Pet Food Program supports clients who depend on their pets for companionship.

By working with local partners and grant funders, we are able to provide pet food and supplies to homebound clients lacking the resources to adequately care for their pets.

Since 1969, Meals on Wheels of RI's programs have directly addressed the issues of food insecurity and social isolation that are risk factors for negative health outcomes amongst older adults. Social isolation, which can be lessened through pet ownership, is known to increase seniors' risk of heart disease, stroke, dementia, depression and anxiety.

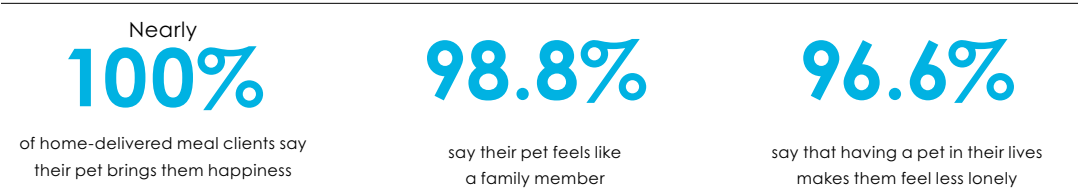
Senior Restaurant Program

Meals on Wheels of Rhode Island is proud to offer a statewide restaurant program to Rhode Island seniors, aged 60 or older.

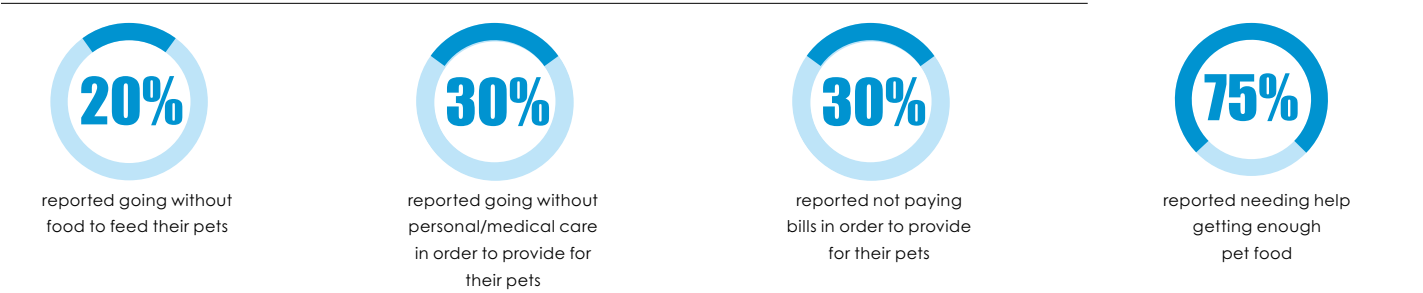
Program participants can enjoy dining out at participating restaurants, where they can choose from a select menu of meals designed to meet one-third of their recommended daily dietary intake.



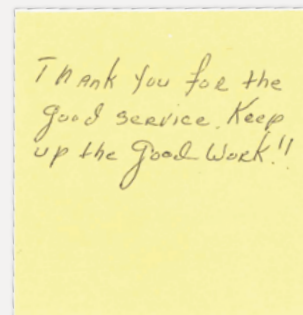
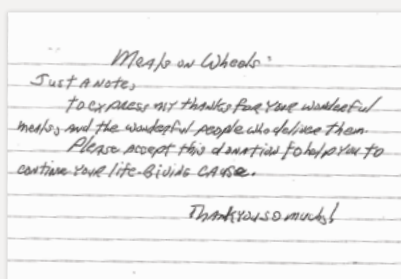
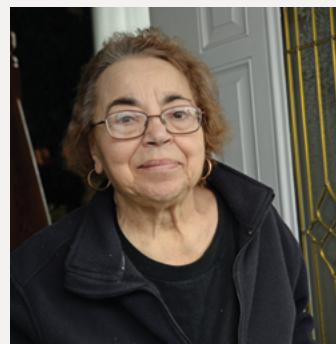
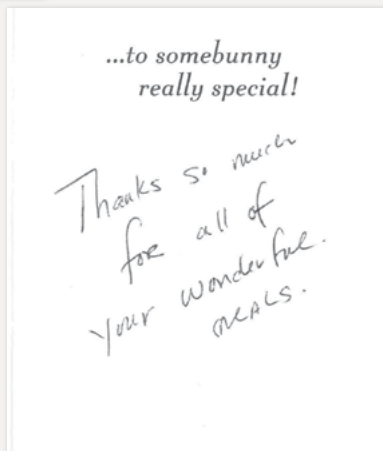
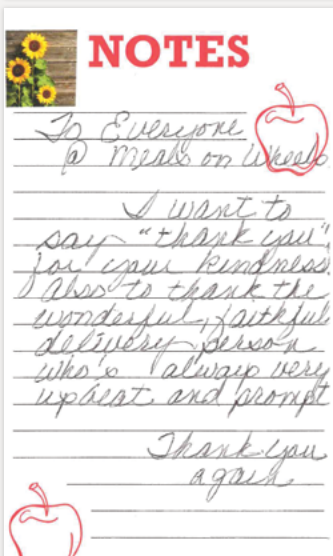
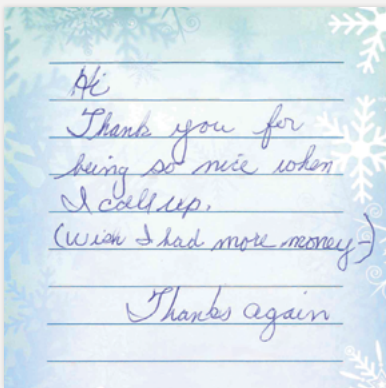
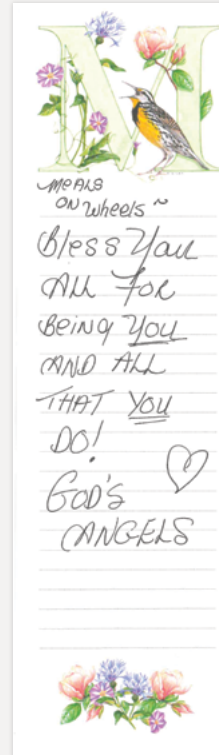
FROM JUNE 2020-JANUARY 2021, A STUDY CONDUCTED BY MEALS ON WHEELS AMERICA IN PARTNERSHIP WITH PETSMART CHARITIES REVEALED THAT:



THE STUDY ALSO HIGHLIGHTED THAT MANY HOMEBOUND SENIORS NEED HELP CARING FOR THEIR PETS:



Who We Serve



OUR CLIENTS

91%
are 65+

51%
are 80+

20%
are 90+

22%
self-identify
as a Veteran
or Spouse of
a Veteran

64%
live alone

36%
are widowed

Our Volunteers



VOLUNTEER STATS



513

Volunteers
of Service
to Meals on
Wheels of RI
in 2021



31,185

Volunteer
Hours
Performed



183,309

Volunteer
Miles Driven

march for meals

#DELIVERYHEROES

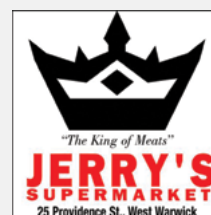
THANK YOU TO OUR SPONSORS



\$111K
RAISED



BUY A WHEEL SPONSORS



12 CLIENT "CELEBRITY" DELIVERIES





Festival of Meals

THANK YOU TO OUR SPONSORS



BROWN MEDICINE
BROWN PHYSICIANS, INC.

TRIO
Community Meals
an elior company



Neighborhood Health Plan
OF RHODE ISLAND™



Millonzi Fine Catering
millonzifinecatering.com

SCOTT
VOLKSWAGEN



Blue Cross Blue Shield
of Rhode Island



WebsterBank

THE FOUNDRY



AGELESS INNOVATION'S
Joy for All
COMPANION PETS

HACKMAN & PHILLIPS
ELDER LAW RI LLC

CITRIN COOPERMAN®
Accountants and Advisors



PACE
RHODE ISLAND

Mott & Chace
Sotheby's
INTERNATIONAL REALTY

UNIVERSITY ORTHOPEDICS
Healers. Innovators. Teachers.



Pawtucket Credit Union

vertikal 6

coast to coast
promotional products



**\$97K
RAISED**



2021 In the News

The Valley Breeze



“Seniors say Meals on Wheels was a ‘godsend’ during pandemic”

March 24, 2021

The Newport Buzz



“Meals on Wheels partners with Edward King House for daily Newport meal delivery service”

October 28, 2021

Providence Business News



“Grady ensures home-bound seniors are fed and safe”

May 27, 2021

EastBayRi: Portsmouth

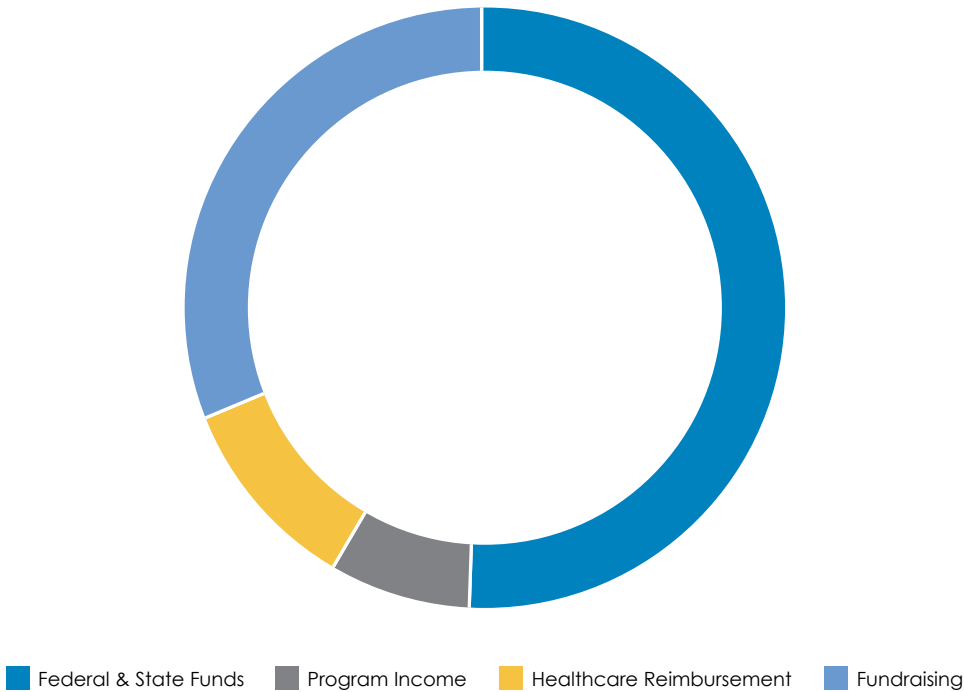


“In Portsmouth: ‘It’s made life simpler for me’”

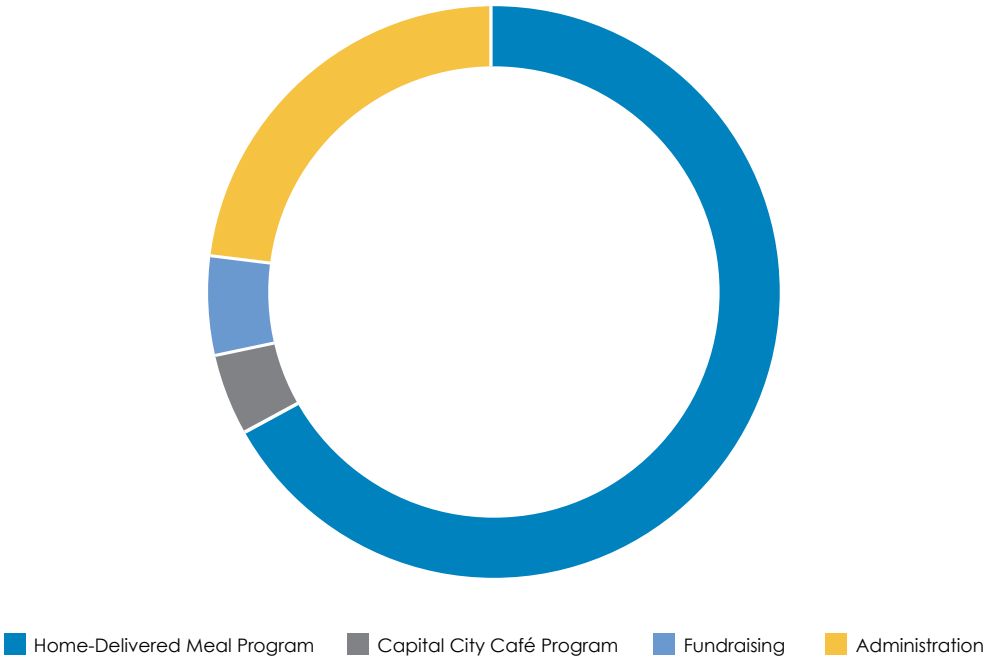
March 15, 2021

Financial Highlights

Resources: \$4,001,100



Use of Resources: \$3,397,874



2022 Preview

As we continue to do our critically important work, we also are working to prepare for a future when our programs will be in even greater need and when Rhode Island's older adult population will need to be provided for in new and innovative ways.

With much more to come, here are a few of the things we're working on in 2022:



20-Millionth Home-Delivered Meal

In mid-2022, we'll deliver our 20-millionth meal to a homebound Rhode Island senior. It's an amazing accomplishment and a testament to the vision of our founder, Joseph Brown (1924-2014).



Culturally Responsive Meals

In late December 2021, we introduced a culturally responsive meal menu at one of our Capital City Café Program dining sites. In 2022, we will be exploring ways to expand meal menus throughout our programs.



Strategic Plan

We are undergoing a strategic planning process to define a new vision for Meals on Wheels of RI and the pathways we will take to become the organization Rhode Island needs us to be.



New Technology

Modernization of our work has led us to embrace Mobile Meals, an app available exclusively to Meals on Wheels' home-delivered meal programs, which we can use record clients' health status changes while delivering meals to them.

Corporation, Foundation & Organization Supporters

\$25,000+

Centreville Bank
City of Providence
Luxury Brand Holdings
Meals on Wheels America
The Rhode Island Foundation
van Beuren Charitable Foundation
Webster Bank, N. A.

\$10,000-\$24,999

Blue Cross & Blue Shield of Rhode Island
Brown Medicine
Commonwealth Care Alliance
Frank B. Hazard General Charity Fund
HarborOne Bank
Mabel T. Woolley Trust
Neighborhood Health Plan of Rhode Island
Rhode Island Society of Certified Public Accountants
The Herbert E. Sackett Charitable Trust
The Warren Alpert Foundation
TRIO Community Meals

\$5,000-\$9,999

American Baptist Churches of Rhode Island
Atlantis Comfort Systems Corp.
Barrington District Nursing Association
Bristol Home for Aged Women
Citizens Charitable Foundation
CVS Health
Millonzi's Fine Catering
National Grid Foundation
Navigant Credit Union
Newman, Dignan & Sheerar, Inc.
Oak Street Health
Ocean State Charities Trust
R.B. Howes & Co., Inc.
Scott Volkswagen
The Horace A. Kimball & S. Ella Kimball Foundation
UnitedHealthcare

\$2,000-\$4,999

AAA Northeast
Ageless Innovation
Arpin Charitable Trust
B. B. Lederer Sons Foundation
Bank of America
Bank of America Charitable Foundation
(Matching Gifts)
BankNewport
Biokinetix Foundation
Bristol Female Charitable Society Fund
Citrin Cooperman & Company, LLP
City of Warwick
Coca-Cola Beverages Northeast
Cox Communications, Inc.
Dave's Marketplace
Edith S. S. Loebs Fund
Estner Injury Centers
Frederick C. Tanner Memorial Fund Inc.
Grant Sherburne Fund
Gustave J. S. White Co.
Hackman & Phillips Elder Law RI LLC
Harry M., Miriam C. & William C. Horton Charity Fund
Ida Ballou Littlefield Memorial Trust
Inez Sprague Trust
Ira S. and Anna Galkin Charitable Trust
Janci Foundation
Lattner Family Foundation, Inc.
Mary Dexter Chafee Fund
Mott & Chace Sotheby's International Realty
N & D Transportation Company, Inc.
NewportFed Charitable Foundation
Reade International Corp.
Reynolds Charitable Trust
Shore's Market
Starkweather & Shepley Insurance Brokerage, Inc.
The Ashaway Charitable Trust
The Foundry Associates, L. P.
The John Clarke Trust
The Newport Rifle Club
Totrama Supermarkets Inc.
Town of Barrington

\$1,000-\$1,999

Aurelio, Donna Maximano Caetano Giving Fund
 Bess Marcus Fund of the Jewish Community Foundation
 Bose Corporation
 Bristol Children's Home Fund
 Chelsea Groton Foundation
 Citizens Charitable Foundation
 Embrace Home Loans, Inc.
 Empire Loan of RI, Inc.
 Fern Brown Memorial Fund
 J. McLaughlin
 Jewish Federation Foundation of Greater Rhode Island
 Kahn, Litwin, Renza & Co., Ltd
 Kane Barrengos Foundation
 Mutual of America
 Nordson Corporation Foundation
 North Family Trust
 Northup's Service Center, Inc./ LRN, Inc./L. & R. Northup
 Ocean State Credit Union
 PACE-RI
 Pawtucket Credit Union
 Sweeney Real Estate and Appraisal
 The Bottaro Law Firm, LLC
 The Thomas & William Gilbane Foundation
 Town of Middletown
 Town of Portsmouth
 Town of Smithfield
 University Orthopedics
 Vanguard Charitable
 Vertikal 6, Inc.
 Vigneron Memorial Fund (Dixon - Johnston Foundation)

\$500-\$999

BayCoast Bank
 Coast to Coast Promotional Products
 Encore Catering
 Hunter Insurance, Inc.
 Intercontinental Holding Company
 McCain Family Foundation
 NEARI Retired Political Action Committee
 Ralph, Letty and Anthony Raponi Fund
 Salmanson Family Foundation
 The Joint Charitable Committee
 The Robert L. Wilson and Clara R. Munley Foundation
 Town of Bristol
 Wolfrock Enterprises

\$250-\$499

Alice Viola Fund
 Bank of America Charitable Gift Fund
 Bunnell Trust
 Edwin F. Sherman Fund
 Gilbane, Inc.
 Island Gun Shop, Inc.
 Judith and Patrick Foley Charitable Fund
 M-F Athletic Co., Inc.
 Neighborhood Health Plan of Rhode Island
 Pannone Lopes Devereaux & O'Gara LLC
 Peak Event Services
 RI Artesian Well, Inc.
 Ripple Funding LLC
 Stasiunas Construction, Inc.
 Stop & Shop Bloomin' 4 Good Program
 The Animal Print Magazine
 The Officer Ryan J Bourque Charitable Foundation

\$100-\$249

American Postal Workers Union,
Providence Local 387
Arbella Insurance Foundation, Inc.
Balance Point Studio
Berger & Company Recycling, Inc.
Bright Funds
Business Value Forum
CAF Charities Aid Foundation of America
Carey, Richmond & Viking Insurance
DeSisto Law LLC
Frontstream
Jamie Moore Appraisal Services
JD Associates
JustGive/MembersGive
Land of Oils
Network for Good

Newport Gulls
North Easton Savings Bank
North K. Properties LLC
Patty and Melvin G. Alperin Fund
PayPal Giving Fund
Purvis Systems, Incorporated
Russell J. Richards Living Trust
Sayer, Regan, Thayer & Flanagan
Second Serve Resale
Sheldon Street Church
Squad Locker
Stop & Shop Community Bag Program
Summit Heating Service, Inc.
The Perry Group
Tiogue Lake Association
Town of Coventry

Individual Contributors



\$10,000+

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\$5,000-\$9,999

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\$500-\$999

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\$250-\$499

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 Ms. Betty J. Young
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 Mr. and Mrs. Herbert A. Zakrison



With your monthly donation to Meals on Wheels of RI, you are making a lasting commitment to the delivery of nutritious meals, vital well-being checks, and essential social visits to homebound Rhode Island seniors across the state.

As a member of the Tomorrow's Meal Club, you are helping to ensure the stability of our programming that thousands of your vulnerable neighbors depend on to remain living healthily, safely, and happy in their own homes, today, tomorrow, and all the days ahead.

Ms. Renee Chicoine
Ms. Tanya Coccia
Ms. Louise Denham
Ms. Anne Holland
Ms. Carmen B. Lysaght
Ms. Ginamaria Tassinari
Wolfrock Enterprises

Joseph Brown Society

Ensuring Meals on Wheels of RI's long-term success through planned giving

In 1969, while working on his Master's Degree in the Gerontology Program at the University of Rhode Island, Joseph Brown founded the RI Meals on Wheels Program. Working originally out of Grace Church in Providence with his wife Fern and 17 volunteers, he led RI Meals on Wheels to become one of the largest such programs in the country, and the only state-wide program. He served as Executive Director for 22 years, and on the Board of Directors for 45 years. Elected as a Lifetime Member in 2011, he continued to attend every meeting he could. At the time of his death in 2014, 17,493,528 million meals had been served in RI.

Like Joseph Brown, you have the power to make a difference for future generations to meet the nutritional and other special needs of homebound seniors. As a vital community resource, Meals on Wheels of Rhode Island is so much more than a meal for our state's homebound seniors, providing a safety check and opportunity for socialization.

If you have named Meals on Wheels of Rhode Island in your will, trust, or IRA beneficiary, please let us know so that we can ensure your gift is used according to your wishes. Notifying us of your plans will enable us to plan for the use of your future gift. However, if you prefer to remain anonymous, we will keep your name and gift in strict confidence.

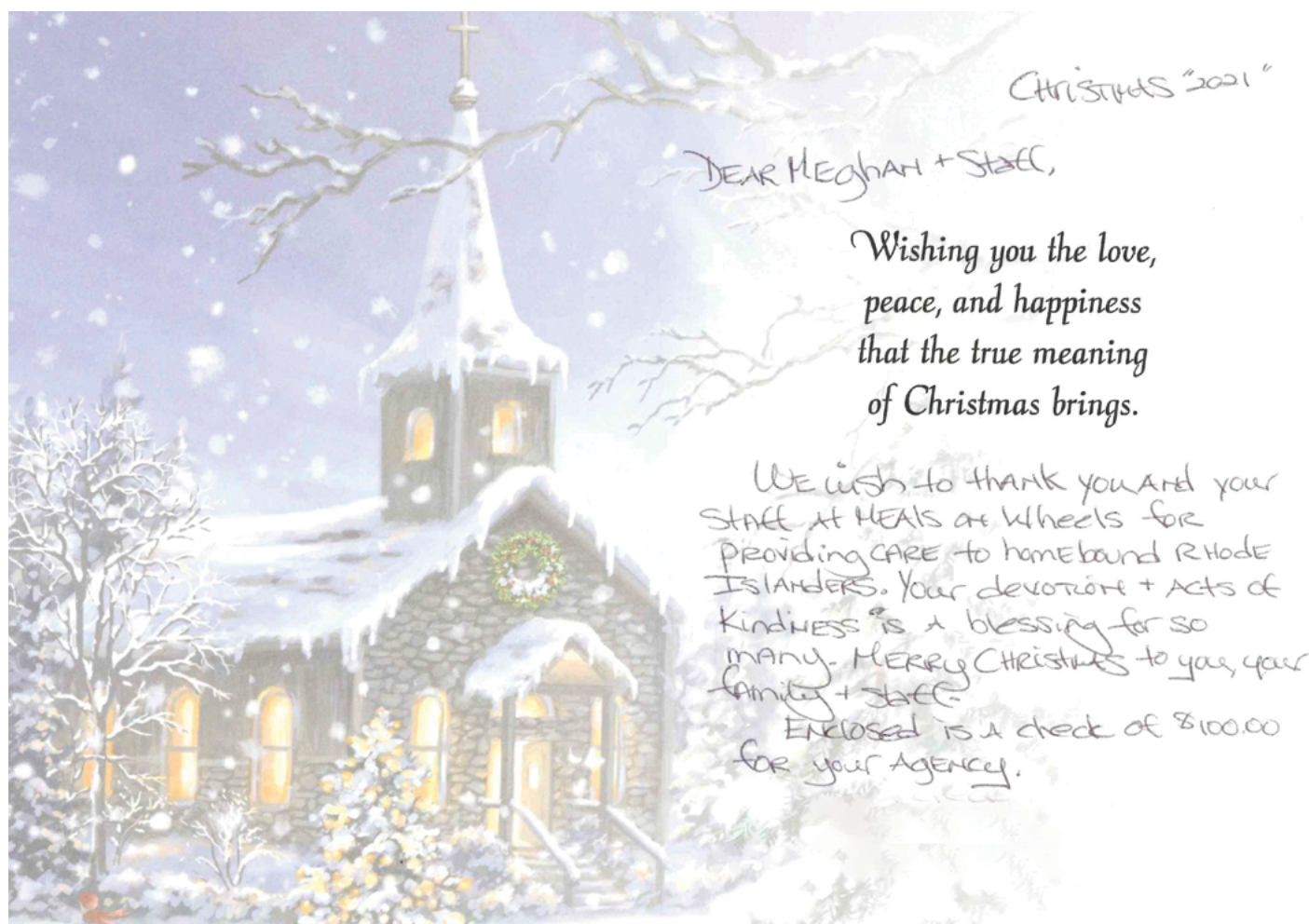
SOCIETY MEMBERS

Ms. Ethel M. Halsey*
Ms. Evelyn C. Mullen*
Mr. Joseph Tringa*
Ms. Jean Halvorsen
*deceased

**"YOU HAVE MADE...
AN INVALUABLE GIFT
OF HAPPINESS
AND CONTENTMENT."**

- Joseph Brown, MOWRI founder
(1924-2014)

Donor Notes



I appreciate greatly to support
meals for seniors.

Happy Autumn!
Happy Halloween!

12-10-2021
Dear meals on wheels
I would like to donate
this check in loving memory
of my mother
- who was a
recipient of meals on
wheels and really enjoyed
the company and caring
of all your workers. -
Thank you again for all that
you do for our seniors
God Bless you all!!
oo



Meals on Wheels
OF RHODE ISLAND

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