



MEALS ON WHEELS OF RI ENCORE CAFE – May 2024

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Fresh fruit cup Scrambled eggs Bacon Sausage Home fries Assorted pastry Bagel sandwich	Chicken escarole soup Marry me chicken Mushroom Rice pilaf Roasted vegetables Ww roll Cake Seafood salad plate	Minestrone soup Sloppy joe Herb red potato salad Charred broccoli Ww roll Pineapple chunks Turkey sandwich on roll
6	7	8	9	10
Mushroom barley soup Greek style chicken thighs Florentine rice Sauteed vegetables Multi grain roll Chocolate chip cookie Roast beef w/ Swiss cheese	Cream of broccoli soup Pepper steak Vegetable fried rice Zucchini w / tomatoes Peaches Ww roll Greek salad w/ chicken	Vegetable lentil soup Honey garlic pork tenderloin Green beans Sweet potatoes Ww roll Sliced pears Turkey & Swiss cheese	Italian wedding soup Roasted chicken breast w/gravy Stuffing Mixed vegetables Mashed potatoes Cake Seafood salad plate	Roasted cauliflower soup Meatball sandwich Pasta salad Ww roll Chips Fresh fruit Tuna salad sandwich
13	14	15	16	17
Navy bean soup w/ vegetables Baked chicken topped w/ Eggplant Bolognese Roasted potato WW Roll Pineapple Ham & cheese on wheat	Tomato soup Swiss steak Steamed potatoes Buttered corn Ww roll Lorna doone cookie Spinach salad w/ chicken	Chicken soup Pork chop Italiano Sweet potatoes Green beans Ww roll Fresh fruit Italian grinder	Minestrone soup Meatloaf w gravy Mashed potatoes Peas & carrots Ww roll Brownie Egg salad on wheat	Tuscan white bean soup Lasagna roll up w/meat sauce Spinach w/mixed vegetables Ww roll Sliced pears Tuna salad plate
20	21	22	23	24
Kale bean & sausage soup Roasted chicken quarter Cucumber salad Sweet potatoes Chocolate cookie-ww roll Egg salad sandwich	Vegetable barley soup Manicotti w/meat sauce Italian green beans salad Ww roll Tropical fruit Reuben on rye	Irish vegetable soup Pork roast w/ gravy Mixed vegetables Mashed potatoes Fresh fruit – Ww roll Greek salad w/ chicken	Tomato soup Beef tips w/ mushroom gravy Rice pilaf Baby carrots Whole Wheat Roll - cake Tuna sandwich plate	Vegetable soup Baked pasta w/ meatballs, Sausage & cheese Waxed beans Garlic bread Sliced peaches Chef salad
27	28	29	30	31
Closed	Chicken soup Swedish meatballs Mashed potatoes Zucchini w/tomatoes Pudding Cobb salad	Mushroom chickpea veggie soup Chicken scallopini Mixed vegetables Parmesan Rice Cantaloupe Spinach salad w/ chicken	Lentil soup w/ vegetable Chicken cordon bleu Peas & onions Spanish rice CC cookie Chef salad	Vegetable soup Shepards pie Mashed potato Ww Roll Honeydew Ham & cheese on wheat

Meals on Wheels of RI is a non-profit organization funded in part by the U.S. Administration on Aging (AoA) & state funds through the R.I. Office of Healthy Aging.