

Home-Delivered Meals FAQ



Q Is there a cost for grant-funded Home-Delivered Meals?

While we are fortunate to receive federal and state government funding administered by the R.I. Office of Healthy Aging along with private donations, this support doesn't cover the full cost of our 'More Than a Meal' service.

We kindly ask for a **suggested donation of \$3.00 per meal** from our clients. However, a client's ability to make a donation will never affect their access to our meals.

Q What does a meal include?

The meal will arrive in two parts. The main portion of the meal is delivered in a three-compartment tray which can be safely heated in a microwave or conventional oven (not a toaster oven). This tray consists of a main entrée, potatoes, rice or pasta, and a vegetable. The second portion of the meal, which we call the cold pack, includes milk or juice, bread, dessert, and/or condiments. The meals are prepared with no added salt or sugar and are not heavily seasoned.

Q What menus are available?

Meals on Wheels of RI offers a general wellness, Cardiac, Latin, Asian, and Kosher menu. Meals can be chopped, ground or puree if necessary. **CLICK HERE** to see our meal plan menus.



Does a client need to be home to receive their meal?

Yes, in addition to the meal delivery we also perform a safety check and opportunity for socialization. Clients can expect delivery between 10AM – 2PM, each weekday.



Can a client cancel their meal?

Yes, you may cancel meal delivery for any day that you will not be home. We appreciate 24-hour notice advanced notice when you are cancelling your meal delivery. To cancel a meal delivery, please call (401) 251-6700. Voicemail is available 24/7.

Learn More

www.rimeals.org | 401-351-6700

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