





## MEALS ON WHEELS OF RI ENCORE CAFE – May 2025

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All menu items may contain nuts, seeds, beans, wheat bran, and other allergens Funded in part by the US Administration on Aging and the Rhode Island Office of Healthy Aging			1 Fresh fruit Scrambled eggs Home fries Bacon & sausage Assorted muffins Chef salad	2 Vegetable soup Italian beef sandwich Roasted mixed vegetables Chips Watermelon Tuna salad plate
5 Escarole bean & sausage soup Chicken Diane Rice Florentine Green beans Ww roll Brownie Ham & cheese on rye	6 Minestrone soup Swiss steak Mashed potatoes Baby carrots Ww Roll Fresh melon Tossed salad w/ chicken	7 Vegetable lentil soup Pork chop Italiano Rice pilaf Peas & onion Ww roll Sliced pears Seafood salad sandwich	8 Tomato soup Stuffed meatloaf Mixed vegetables Roasted potatoes Roll Cookies Chef salad	9 Vegetable barley soup Pub burger Cole slaw Potato wedges Mixed fruit Ww roll Turkey sandwich
12 Tuscan white bean soup Shepards pie Mashed potato Ww roll Sliced peaches Chicken salad sandwich	13 Mushroom barley soup Grilled chicken Spanish rice Capri vegetable blend Ww roll Brownie Chef salad	14 Cabbage soup Pork shoulder roast w/ gravy Rice pilaf Green beans Ww roll Watermelon Tuna salad plate	15 Cauliflower tomato soup Open turkey sandwich Mashed sweet potatoes Stuffing Ww bread Cake Tossed salad w/ chicken	16 Chicken soup Cheesy baked pasta w/sausage Roasted zucchini Ww garlic roll Pineapple chunks Corned beef on rye
19 Vegetable lentil soup Meatball & pepper sandwich Potato wedges Cole slaw Watermelon Roast beef on roll	20 Escarole & bean soup Creamy Tuscan chicken thighs Mixed vegetables Rice pilaf Ww roll Sliced pears Chicken salad plate	21 Tomato soup Honey garlic pork tenderloin Mushroom rice pilaf Buttered corn Ww Roll Brownie Seafood salad sandwich	22 Vegetable soup Beef tips w/mushroom gravy Mashed potatoes Baby carrots Cake Ww roll Chopped salad w/chicken	23 Chicken escarole soup Chicken marsala Roasted potatoes Brussel sprouts Ww roll - Peaches Tuna salad plate
26 <b>CLOSED</b>	27 Kale & bean soup BBQ chicken Roasted potatoes Green beans Ww roll Fresh fruit Turkey sandwich	28 Meatball soup Crustless chicken pot pie Mashed potatoes Ww roll Oatmeal cookies Italian grinder	29 Split pea soup Stuffed pork chop Rice pilaf Zucchini w/ tomatoes Ww roll/fruit cocktail Tossed salad w/ grilled chicken	30 Creamy chicken tomato soup Fish sandwich Cole slaw Sliced potatoes Ww roll Cake Corned beef on rye

Meals on Wheels of RI is a non-profit organization funded in part by the U.S. Administration on Aging (AoA) & state funds through the R.I. Office of Healthy Aging.