



# DRIVING IMPACT

## ANNUAL REPORT 2025

# Dear Friends,

A new year invites reflection and the opportunity to look ahead with intention.

"Building Resilience, Deepening Impact" is much more than the name of our 2030 Strategic Plan, approved by our Board of Directors in late 2025. Guided by four core pillars, this bold strategy will propel our organization through its next five years and beyond.

By focusing on (1) mission impact, (2) sustainable growth, (3) quality improvement, and (4) leadership, we're building upon the success of MOWRI 2025, our most recent strategic plan that well positioned us for deeper impact, more ambitious investments in innovation, infrastructure, and advocacy, and to embrace wide opportunities for deeper collaboration with healthcare systems and other partners.

Last year, we served 5,596 Rhode Island residents with meals, safety assurances and social connections that are helping them to maintain healthy and independent lifestyles. Continuing to serve our core client population of homebound older adults, we're now reaching Rhode Islanders aged 0-100+ including perinatal and postpartum women, those living with HIV/AIDS and other chronic illnesses, and school-aged children in rural settings through our strengthened focus on Food Is Medicine.

Over the last three years, we've realized tremendous growth, celebrated new opportunities to help more Rhode Islanders realize the benefits of our "More Than a Meal" service, and formed new partnerships to expand our reach as a trusted healthcare partner. From delivering therapeutic grocery bags to individuals managing chronic illness to hosting a clinical rotation site for collegiate nursing students, incredible advancements shaped our 2025.

You have made this possible, and we thank you for supporting our mission, believing in our work, and trusting us to deliver on our vision of a Rhode Island where all can realize equitable access to fully healthy lives.

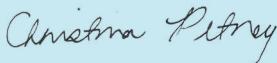
To resiliency, sustainability, and growth as our guiding words for 2026, we add gratitude for you, for your continued partnership, and for the opportunity to continue engaging you in our work this year, through 2030, and for decades to come.

In gratitude,



  
Meg Grady  
Executive Director



  
Christina Pitney  
Board President

## MISSION

Our mission is to meet the nutritional, safety and social needs of those we serve so they can maintain healthy and independent lifestyles.

## VISION

A Rhode Island where all individuals, regardless of age or background, can access the nourishment, connection, and care they need to thrive.

## VALUES

**Compassion, Accountability, Respect, Excellence, Steadfastness**

# Board of Directors

## Christina Pitney

### President

Senior Vice President, Government Programs  
Blue Cross & Blue Shield of RI

## Megan Herne, PHR, SHRM-CP

### Vice President

Director, HR & Social Responsibility  
Cooley Group

## Jaclyn Cotter, Esq.

### Secretary

Legal Counsel  
Narragansett Bay Commission

## Nathan Beauvais, CFP®, CIMA®, CPWA®

### Treasurer

Financial Advisor  
Sowa Financial Group

## Sarah Amin, PhD, MPH

Assistant Professor and Director of Community Nutrition Education  
University of Rhode Island

## Marylou Buyse, MD

Physician and Executive Coach

## Sean Buchanan

CFO  
Génere Family Businesses

## Krystal Carnes

Director of Marketing & Design  
Carpionato Group

## Stephen Lapatin, Esq.

Associate  
Adler, Pollock & Sheehan P.C.

## Jay Longley

Senior Consultant  
Envision Technology Advisors

## Becky Lowry, SPHR®

AVP, Talent Strategy & Operations  
CVS Health

## Giselle Mahoney

Chief of Communications  
Rhode Island Commerce

## Corey McCarty

Senior Vice President Business Operations  
Blue Cross Blue Shield Association

## Marcus Mitchell

Executive Director  
DARE: Direct Action for Rights and Equality

## Jocelyn Nacci

Vice President  
Commercial Banking, Centreville Bank

## Elizabeth Phillips, Esq.

Partner  
Hackman & Phillips Elder Law RI, LLC

## Phanida Phivilay

Manager, Community Outreach  
United Healthcare

## Joe Rotella

Business Manager  
Rhode Island Resource Recovery Corporation

## Greg Smolan, CPCU

Vice President – Insurance Operations  
AAA Northeast

MOWRI proudly engages area professionals and invested community members with subject matter expertise across a range of industries to serve on committees led by our Board of Directors. These individuals help drive our statewide impact, providing invaluable guidance to our strategic work.

## Development Committee

### Stephanie Abate

Managing Director, Individual and Small Business  
Blue Cross & Blue Shield of RI

### Sharon Walsh

SVP & Director of Marketing and Corporate Communications  
Washington Trust Co.

### Carolyn Kyle

Director of Marketing, Business Development, Physician Relations & Practice Administration  
Landmark Medical Center-Prime Healthcare

## Finance Committee

### Lauren Amaral, CPA

Partner, Director of Audit Services  
KLR

### Michelle Sears

CFO  
Neighborhood Health Plan of RI

### Shawn Duarte

VP, Retail Learning Manager  
BankNewport

## Mission Impact Committee

### Robin Covington

Coalition Director  
RI Coalition for Elder Justice

### Dianna Shaw

Healthcare Advisor, Navigator & Consultant  
Dianna Shaw, Advisor LLC

### Steve Perry

MOWRI Volunteer

## Modern Workforce Committee

### Matthew Brouillard

Strategic IT Consultant

### John Sullivan

EV, CIO  
BankNewport

### Fil Rego

CIO  
EBCAP

## People & Culture Committee

### Brianna Jankowski

Human Resources Coordinator  
Centreville Bank

### Jeff Thomas

Vice President of Human Resources  
Ross Simons

# MOWRI Through the Years

1969

Gerontologist Joseph Brown (1914-2004) founds Meals on Wheels of RI

We served 17 Providence seniors on one delivery route this year

2000

Entering a new millenia, MOWRI has established its Capital City Café Program & delivers its 10-millionth home-delivered meal

2022

Following unprecedented service growth and zero days of service disruption during the COVID-19 pandemic, MOWRI delivers its 20-millionth home-delivered meal

1979

Having become a statewide service after the 1972 Older Americans Act amendment, MOWRI delivers its 1 millionth meal

2019

Our 50th Anniversary! Executive Director Meg Grady is appointed to lead MOWRI toward substantial programmatic growth and organizational modernization

2025

MOWRI is a fully statewide organization serving food-insecure Rhode Island residents ages 0-100-plus. With an expanded focus on Food Is Medicine, we increased our cultural and medically tailored meal offerings and deliver our 21-millionth home-delivered meal

# 2025 BY THE NUMBERS

Total Clients Served  <b>5,596</b>	Total Meals Served  <b>480,939</b>	Volunteer Miles Driven  <b>310,000</b>
Mobile Pantry Bags Delivered  <b>1,176</b>	No-Cost Market Customers  <b>2,463</b> & more than 80k lbs. of food	

## MOWRI Year 3 Accomplishments

The final year of our 2022-2025 strategic plan realized tremendous growth in our work to deepen our statewide impact. Following are highlights from our 2025 successes.



### Goal 1 Develop Opportunities to Innovate and Scale Our Model

- Launched Post-Discharge Meals Program for post-partum households
- Increased Medically Tailored Meals delivery by 46%



### Goal 2 Implement a Sustainable Business Model to Maintain and Grow Our Signature Programs

- 97% of clients express overall program satisfaction
- Increased No Cost Market utilization by 66%



### Goal 3 Diversify and Deepen our Relationships to Extend Our Reach and Increase Our Impact

- Received national recognition of leadership achievement
- Hosted clinical site for collegiate nursing students



### Goal 4 Develop a High Performing Structure and Model that Further Strengthens our Connections with Those We Serve

- Achieved a 4.45/5 overall score in team member engagement survey
- 100% of volunteers report enjoying their service experience



### Goal 5 Invest in Our Infrastructure to Support Operational Efficiencies

- 53% of funds raised for capital campaign
- Reporting 92% of organization revenue supports programs vs. 8% supporting overhead



### Goal 6 Further Diversify and Develop our Board to Increase our Capacity for Impact

- Added 2 new board members to filling subject matter expertise gaps
- Completed a 5-year strategic plan

# Foundation For Impact

Since 1969, our programs and supporting services have helped clients to realize better health, increased access to adequate nutrition, and the ability to remain living with dignity and independence. Our core nutritional programming remains a vital resource for homebound older adults and other food-insecure Rhode Island residents across the state. Now serving additional populations with additional services, including cultural and medically tailored meals, grocery deliveries, and a food pantry, we are building our impact toward a Rhode Island where every person can thrive through nutrition, connection, and care.\*

## Home-Delivered Meal Program

Each weekday, this program delivers complete and nutritious, fully-prepared meals to homebound Rhode Islanders who cannot safely shop for or prepare their own meals. Clients receive a safety-assuring wellness check and social visit with each meal delivery and can choose from several meal menus to meet their cultural and dietary needs and preferences.

## Pet Care

Our clients can enjoy the company of their pets with less stress about having enough resources to care for cats and small dogs by registering for our pet care initiative when they receive deliveries of pet food and supplies.

## Private Pay

We proudly offer Rhode Island residents who may not qualify for grant and donor-funded meals the opportunity to receive the same quality service and meal delivery through a private pay option.

## Senior Wish Initiative

For our clients who cannot easily access winter weather necessities and everyday essentials—due to their homebound status and/or Internet and financial resources—we offer gift deliveries during the winter holidays in partnership with our generous supporters.

## Healthcare Partnerships

Extension of our “More Than a Meal” service model allows us to reach additional populations who are benefiting from home-delivered meals and grocery deliveries, including perinatal and postpartum women, school children in rural communities, and individuals living with HIV/AIDS and other chronic illnesses.

## Capital City Café Program

Rhode Islanders aged 60 and older are welcomed to socialized dining experiences with their peers at one of our program sites. Lunches are held on weekdays at several locations across the City of Providence.

## Cultural Cafés

Monthly cultural cafés offer clients a connection to their communities with meals and programming designed to meet their specific needs and preferences. We offer lunches designed for the older adult Latinx, LGBT and Southeast Asian communities, as well as a cafe designed for the Veteran community. All cultural cafes are open to all Rhode Island older adults.

## Restaurant Dining

Rhode Island older adults can enjoy a low-cost, complete and nutritious meal at participating local eateries. Diners purchase \$5.00 vouchers directly from MOWRI and exchange the voucher for their meal choice.

## Food Pantry

Designed as a no-cost market shopping experience, our food pantry is a resource for Rhode Islanders who may need additional access to food items. We proudly offer a variety of shelf-stable foods, frozen fruits and vegetables, frozen meats & soups, pet food, and select household and personal care items.

## Mobile Food Pantry

Homebound MOWRI clients who cannot access traditional food pantries may request deliveries of shelf-stable foods and other items from our food pantry. Our trusted and committed drivers also identify clients who need additional nutritional support.

\*All MOWRI meals served meet one-third of an older adult's daily dietary requirement.

# In Motion Initiatives

## Food is Medicine

MOWRI is a Food Is Medicine-focused organization dedicated to helping clients achieve equitable access to fully healthy lives. As we embark on our 2030 strategic plan, we will build upon the significant strides we've made over the last several years in advancing our cultural and medically tailored meal offerings, therapeutic grocery delivery and nutrition counseling, among many other initiatives.



## Emergency Meals

Through generous funding from Centreville Bank, MOWRI Home-Delivered Meal Program clients receive an annual delivery of shelf-stable food items they can use to make five complete no-cook meals, ensuring they will have access to a nutritious meal in the rare occurrence that daily meal delivery is disrupted.

## Community Health Work

In partnership with United Healthcare, MOWRI is piloting the Reach Out, Stay Strong Essentials for mothers of newborns program (ROSE), an evidence-based intervention aimed at helping reduce the risk of postpartum depression (PPD) following childbirth. Up to 100 pregnant women in their second trimester of pregnancy identified at risk for PPD will receive five (5) telehealth counseling sessions on topics including self-care tools, managing relationships, goal setting, and identifying signs of PPD. The program will be offered at no cost to participants.

## Cultural Cafés

MOWRI's Cultural Café offerings, as part of our congregate dining program, offer socialized dining and nutrition-related education, as well as entertainment, for the older adult Latinx, Southeast Asian, West African, LGBTQ, and Veteran communities.

These lunches, held in partnership with community organizations in the greater Providence area, help clients stay connected to their cultural heritage and feature tailored meal menus tailored to their customs and traditions. In 2025, these cafés served 337 Rhode Island older adults.





## Meals+

BMC Public Health, an open-access peer-reviewed journal, recently featured our partnership with UConn to conduct a 5-year, enhanced Home-Delivered Meals Program aimed to improve nutrition and reduce loneliness for older adults. Throughout this program, 1,650 clients at high nutritional risk are receiving healthy meals, groceries and community health worker services to improve their diet, food insecurity, and well-being.



## Student Clinical Rotations

For the first time in our history, MOWRI served as a clinical site for Rhode Island College (RIC) nursing students. Over the Fall 2025 semester, students spent their Public Health Nursing rotation assisting in our Food Pantry operations, delivering meals in the community, and offering vital sign checks at our cultural cafés.

## Maternal Health Equity

Continuing to serve perinatal and postpartum women and their families, our work in this space is an extension of our home-delivered program focused on ensuring high-risk pregnant women have access to adequate and medically tailored nutrition for themselves and their family.



## Project Backpack

With the partnership of Point32HealthFoundation, MOWRI completed "Project Backpack" to benefit school children who participate in our Block Island Summer Lunch Program. Point32Health team members spent their June volunteer week with us, purchasing and packing backpacks full of school supplies and encouragement cards. MOWRI team members then delivered the backpacks to Block Island so students could start the new school year with confidence and support.



# Statewide Service to Older Adult

Each weekday, our Home-Delivered Meal Program delivers approximately 1,800 meals to the doors of at-risk older adults and other homebound Rhode Islanders statewide.

CITY/TOWN	CLIENTS	MEALS
Barrington	26	4,127
Bristol	46	6,129
Burrillville	26	3,651
Central Falls	56	6,488
Charlestown	17	2,306
Coventry	90	12,394
Cranston	198	29,116
Cumberland	83	11,200
East Greenwich	33	4,844
East Providence	150	18,894
Exeter	8	1,598
Foster	11	2,047
Glocester	31	3,540
Hopkinton	11	1,027
Jamestown	6	1,261
Johnston	94	15,580
Lincoln	49	7,661
Little Compton	3	307
Middletown	35	4,253

CITY/TOWN	CLIENTS	MEALS
Narragansett	39	4,820
Newport	53	6,568
New Shoreham	4	707
North Kingstown	63	7,456
North Providence	94	14,030
North Smithfield	31	4,428
Pawtucket	188	27,542
Portsmouth	39	4,946
Providence	455	69,302
Richmond	25	2,068
Scituate	16	2,382
Smithfield	42	6,164
South Kingstown	51	6,275
Tiverton	57	5,796
Warren	24	2,386
Warwick	233	34,074
West Greenwich	5	967
West Warwick	111	14,471
Westerly	47	5,459
Woonsocket	153	24,137

**2,703** **380,401**

## MOWRI Clients by Program



- 49%** ● Grant & Donor Funded Home-Delivered Meal Program Clients
- 11%** ● Capital City Café Program Clients
- 40%** ● Healthcare Clients

## MOWRI Client Demographics

Grant & Donor Funded program clients

Our clients range in age from young adults to over 100.

**96%** of those we serve are over the age of 60

**15%** of those we serve are 90 years or older

**60%** of those we serve are women

**21%** of those we serve identify as a member of the BIPOC community

**13%** of those we serve self-identify as a Veteran

**62%** of those we serve live alone

**4%** of those we serve are younger than 60 and qualify due to disability

# 2025 Client Survey Results

Our annual client satisfaction survey asks older adult Home-Delivered Meal Program clients to share self-assessment of program impact and feedback on their experience.

Results are used to monitor our impact momentum and to inform future programmatic changes, as part of our commitment to quality improvement.

Of those who responded to our 2025 survey:



**97%** reported overall program **satisfaction**

**87%** reported an increased ability to **manage chronic health conditions**

**90%** reported feeling they can remain **living independently**

**97%** reported an increased ability to **eat healthier**

**95%** reported increased feelings of being **safe in their own home**



**95%** reported being **less worried** about having enough to eat

**85%** reported being able to achieve **healthier weight**

**87%** reported feeling they can **socialize with their delivery driver**

**63%** reported **fewer general medical practitioner visits**

## Impact In Action

Nutrition, safety, and connection are the core tenants of MOWRI's work.

For Home-Delivered Meal Program client Jimmy, 75 and a Pawtucket resident, having increased access to the food and socialization he needs to thrive has made all the difference in maintaining his health and independence.

"The meals are great—especially the desserts," Jimmy told us, adding that the friendship with his program driver is just as important to his overall well-being.

Program volunteer Fred and Jimmy have bonded over their shared love of the guitar and "The Beatles."

Fred, whose very first program delivery was to Jimmy, has also helped Jimmy's wife of 51 years, Marion. She reports feeling much less worried about Jimmy, who lives with multiple chronic health conditions, while she is out of the house at work.



MOWRI Home-Delivered Meal Program client Jimmy, right, enjoys a jam session with volunteer Fred.

# Our Volunteers

MOWRI volunteers are our “Delivery Heroes,” who contribute more than 30,000 hours annually to deliver weekday meals, wellness checks, and social visits to homebound clients across the state. Their dedication allows us to use more of our vital funds for other aspects of program service and we could not do our work without them.

Volunteers also support our Capital City Café Program and No-Cost Market food pantry as well as donation drives for our pet food care and senior wish initiatives. Throughout the year, we welcome corporate volunteers to help us deliver extra smiles to our clients by creating birthday cards and other cheerful items.

In 2025, several volunteers also contributed to revising our Volunteer Program Handbook, a tremendous step in strengthening our program to ensure we are best serving our client communities.



Each weekday, our longtime catering partner, TRIO Community Meals, prepares and delivers more than 1,800 complete, nutritious and fully prepared meals to 24 partner meal dispatch sites across the state. Our meal dispatch site partners are a vital part of our “More Than a Meal” service, donating their space and time to facilitate meal pickup by our volunteer drivers.

<b>1 MOWRI Headquarters</b> Providence	<b>10 West Warwick Senior Center</b> West Warwick	<b>20 Gloucester Senior Center</b> Gloucester
<b>2 Bristol Senior Center</b> (Benjamin Church Manor) Bristol	<b>11 Jamestown Senior Center</b> Jamestown	<b>21 Jewish Community Center</b> Providence
<b>3 Edward King Senior Center</b> Newport	<b>12 Tiverton Senior Center</b> Tiverton	<b>22 Temple Sinai</b> Cranston
<b>4 Portsmouth Multi-Purpose Senior Center</b> Portsmouth	<b>13 Southern RI Volunteers</b> Wakefield	<b>23 Jewish Family Services</b> Providence
<b>5 Scituate Senior Center</b> North Scituate	<b>14 North Kingstown Senior &amp; Human Services (Beechwood)</b> North Kingstown	<b>24 Town of New Shoreham-Department of Human Services</b> Block Island
<b>6 Town of Foster</b> Foster	<b>15 Coventry Senior Center</b> Coventry	
<b>7 Richmond PD/Senior Center.</b> Richmond	<b>16 Charlestown Senior Center</b> Charlestown	
<b>8 Westerly Senior Center</b> Westerly	<b>17 Smithfield Senior Center</b> Smithfield	
<b>9 Shalom Apts. Meal Site</b> Warwick	<b>18 Aging Well Inc.</b> Woonsocket	
	<b>19 Ashton Court (Burrillville)</b> Harrisville	



## Volunteer Advisory Council

Since 2023, our Volunteer Advisory Council (VAC) has fostered deeper volunteer community connections and helped shape program advancement. Open to all MOWRI volunteers, the VAC meets four times per year for idea sharing and collaboration.

### 2025 VAC Members:

Parisa Beers (East Providence/Riverside)  
Mark Chittim\* (West Warwick)  
Gwyn Dieterle (Pawtucket)  
Robert Mangold\* (West Warwick)  
Paul Masse\* (Woonsocket/Northern RI)  
Tom Morelli (Providence)  
Lauren Paul (Providence)  
Steve Perry (Richmond)  
Martha Yates (Portsmouth)

\*New VAC member in 2025



# MOWRI in Community: Recognized for Impact

In 2025, MOWRI's work and leadership were recognized on local, national, and academic stages. These honors reflect the strength of our mission, the dedication of our team, and our growing influence in advancing Food Is Medicine interventions, health equity, and community well-being across Rhode Island and beyond.



## 1. National Leadership Recognition

Meals on Wheels of America (MOWA) named MOWRI Executive Director Meg Grady the 2025 Sister Alice Marie Quinn Award winner at the 2025 MOWA annual conference in San Antonio, Texas. This prestigious national award recognizes leaders who exemplify compassion, resilience, and transformative leadership in advancing the Meals on Wheels mission. This recognition affirms MOWRI's national leadership role and its continued commitment to innovation.

## 2. RIC Honors Alumna Shana DeFelice

Programs & Mission Impact Director Shana DeFelice, MSW '10, BSW '08, was named to Rhode Island College's Alumni Association Awards Honor Roll, recognizing alumni whose work drives meaningful change in their field and communities. Shana's leadership reflects MOWRI's deep commitment to health equity and data-informed program design that strengthen outcomes for Rhode Islanders most in need.

## 3. Excellence in Veterans Community Service

U.S. Rep. Seth Magaziner (D-RI) presented MOWRI, in partnership with the R.I. Office of Veterans Services, the 2025 Excellence in Community Service Award for its Veterans Cafe program and ongoing efforts to support Rhode Island Veterans. This recognition highlights MOWRI's commitment to serving our state's Veterans and expanding impact across communities statewide.

## 4. Introducing Dr. Meg Grady

Rhode Island College recognized Executive Director Meg's public service and community leadership impact with an Honorary Doctorate of Humane Letters at its May 2025 commencement ceremony. Under Meg's leadership, MOWRI continues to grow its reach, strengthen partnerships, and respond to evolving community needs.

## 5. National Thought Leadership: Food Is Medicine

Food Is Medicine Project Coordinator Grace Kane represented MOWRI at the Food As Medicine Summit in Chicago in June 2025, joining healthcare providers, policymakers, and nonprofit leaders from across the country. Participation in national convenings of thought leaders further positions MOWRI as a contributor to shaping sustainable, food-based healthcare solutions in mitigating food insecurity and patient-centered chronic disease management.

## 6. Strengthening the Next Generation of Healthcare Leaders

Brown University School of Public Health selected MOWRI as a graduate student internship partner, a collaboration that exemplifies MOWRI's efforts to strengthen community partners and support the state's healthcare sector. Master of Public Health candidates supported efficiency planning, maternal health program growth, and call center data analysis.



# Festival of Meals

## Nourishing Connections, Celebrating Community 2025 Festival of Meals Raises \$101K

Since 2019, MOWRI's signature fundraising event has brought together our sponsors, partners, supporters, and friends in celebration of our statewide impact while raising funds to help ensure we can continue to deliver on our mission.

In 2025, we reimaged this event to better reflect the heart of our work—delivering a nourishing midday meal that fosters independence and dignity while building community connection.

With more than 300 guests in attendance, "Nourishing Connections, Celebrating Community," was a powerfully moving afternoon featuring incredible client testimonies to how our work is helping them maintain healthy and independent lifestyles.



### Thank You to Our Sponsors



## Thank You to Our 2025 March for Meals Sponsors & "Drive the Support" Fundraiser Businesses



Our annual campaign is a month-long celebration of support for homebound older adults across the state and raised \$116k—well over our campaign goal—to help fund our “More Than a Meal” delivery of nourishment and connection.

We are incredibly grateful to our presenting sponsors—Blue Cross & Blue Shield of Rhode Island and Webster Bank—and all the corporate, foundation, and **more than 400 individual supporters** who made last year’s campaign our most successful March for Meals in MOWRI’s history.



Point32Health

Harvard Pilgrim Health Care

TUFTS Health Plan



Mutual of America  
Financial Group  
Retirement Services • Investments

HACKMAN & PHILLIPS  
ELDER LAW RI LLC



Pasoag, North  
Scituate, and North  
Smithfield



Narragansett  
West Greenwich

## Food Is Medicine for Maternal Health

Launched in March 2025, MOWRI’s home-delivery program for high risk maternity members, delivered in partnership with Blue Cross & Blue Shield of RI, helps women in managing nutrition for them and their new babies.

Polina, a first-time mother, shared the program helped her navigate sleep-deprived days of early motherhood and eased accompanying stress as she learned to care for her newborn.

“At the end of the day, what I eat is what my baby eats,” Polina said, emphasizing that the home-delivered meals helped her keep up energy levels while breastfeeding.

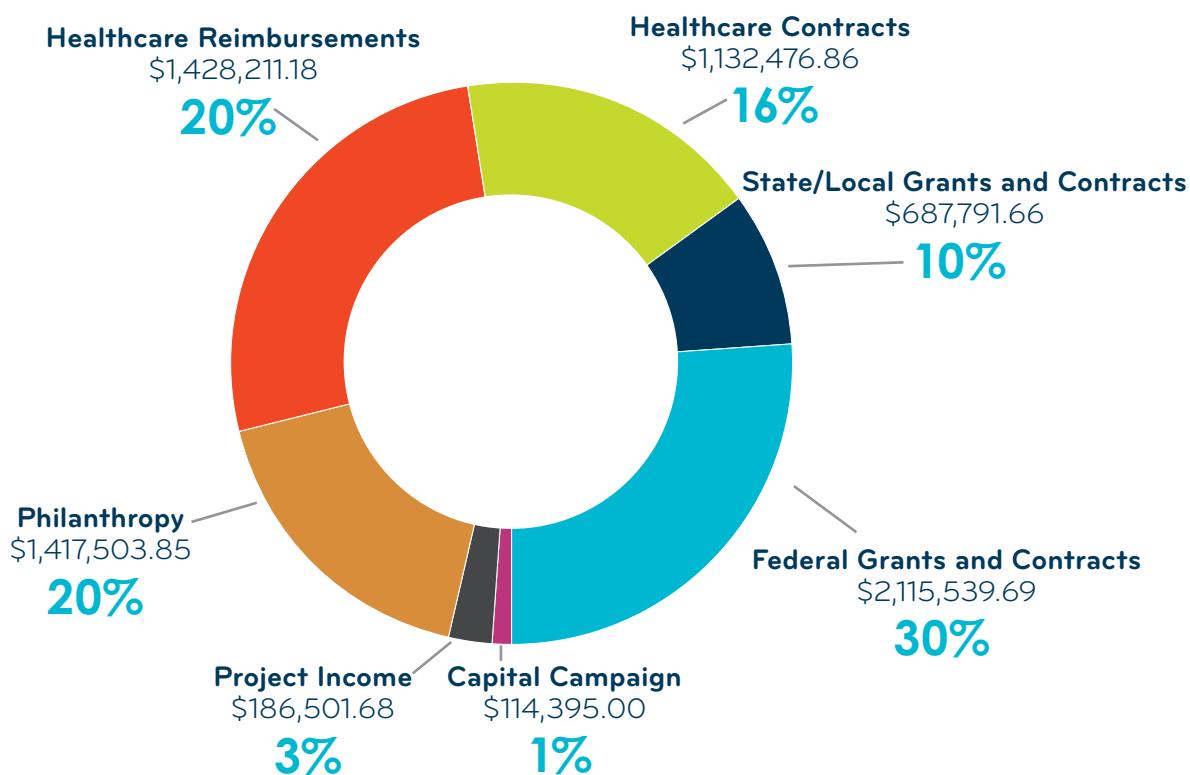
Maternal health meals serve as a preventative health intervention, helping new moms manage chronic health conditions and have been shown to decrease hospital readmissions following childbirth and to lower healthcare costs.

MOWRI’s program provides participants with up to eight (8) weeks of 10 frozen meals. Participants also receive a monthly supplemental grocery bag delivery.

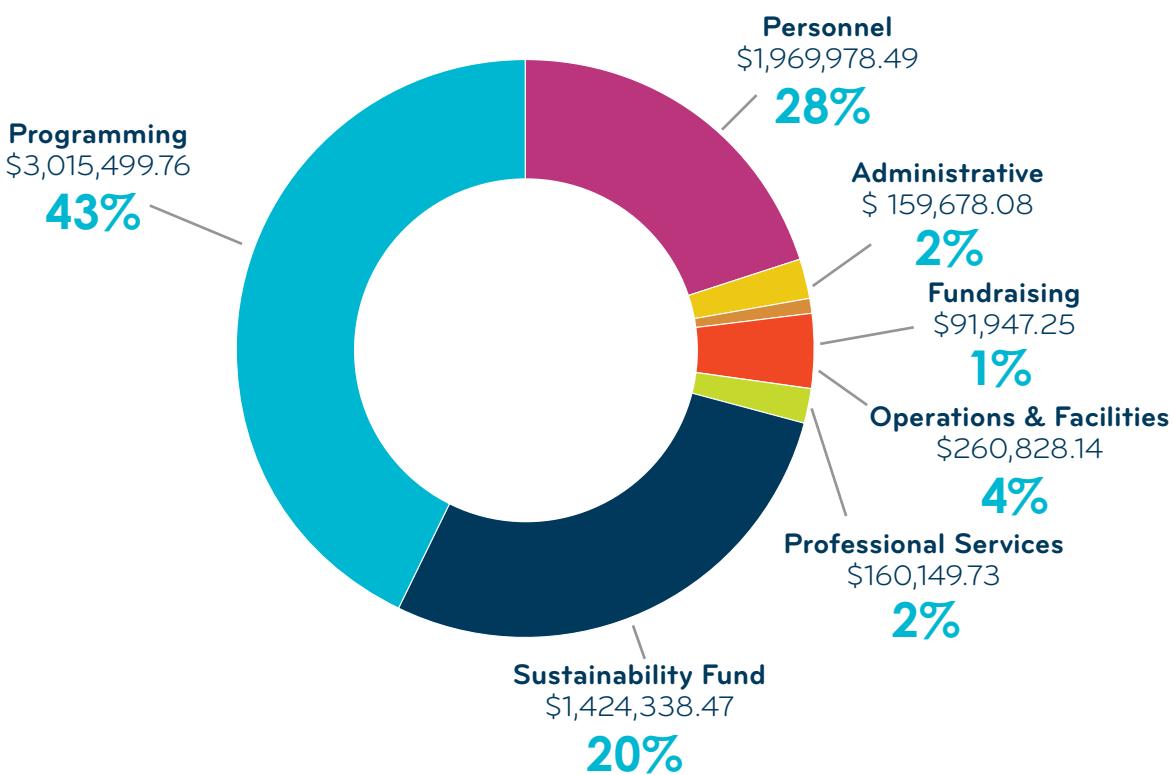


# Financial Highlights

**Resources:**  
**\$7,082,419.92**



**Use of Resources:**  
**\$7,082,419.92**

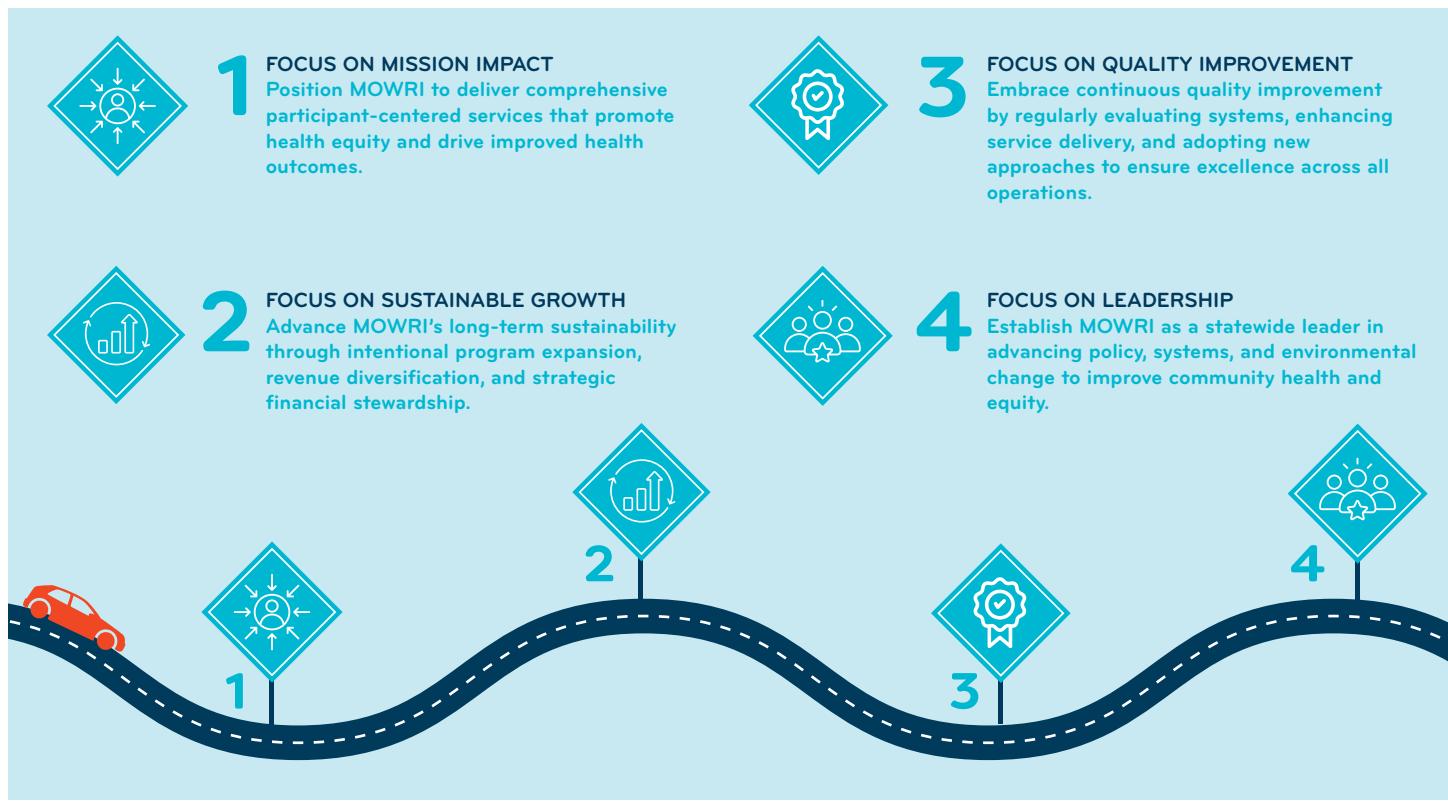


# MOWRI 2030 Building Resilience, Deepening Impact

In 2025, Meals on Wheels of RI proudly delivered its 21 millionth meal, a milestone that invites us to look ahead with excitement and purpose. "Building Resilience, Deepening Impact" is a bold strategy with four core pillars that will propel the organization toward long-term sustainable growth and advance its mission impact across the state.

This plan identifies four focus areas that will position the organization to meet the needs of the communities it serves well into the next decade: **(1)** mission impact **(2)** sustainable growth; **(3)** quality improvement; and **(4)** extending leadership.

MOWRI's 2030 strategic plan follows a period of unprecedented organization growth and extension of its "More Than a Meal" service model into the healthcare space.



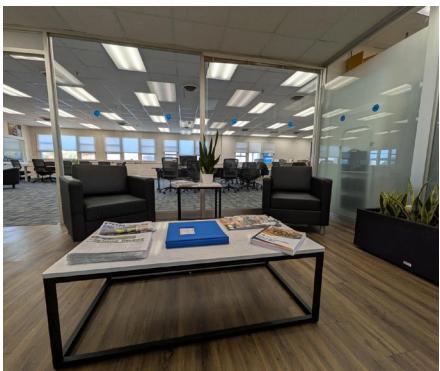
## Guiding Strengths

MOWRI's strategic work over the last several years has yielded stronger partnerships with community-based organizations, policymakers, and other key stakeholders, as the organization has championed food as medicine, advanced health equity, and promoted overall well-being for those it serves while preserving and elevating its role as a tireless voice for the state's older adults:

- Well-established foundation for strategic growth
- Expanded role in health, aging, and equity ecosystems
- Embrace of innovation as a core growth tool
- Strengthening of partnerships as growth accelerators

# Building Impact

## Capital Campaign Update



MOWRI launched its first-ever Capital Campaign in July 2023 to secure the funding needed for a \$2 million renovation of its Providence headquarters. This investment will ensure the long-term sustainability of the building and support anticipated program growth and evolving organizational needs.

The renovation focuses on modernizing existing space through critical infrastructure updates and thoughtful redesign, improving functionality and adaptability across the building.

As of December 2025, 53% of the campaign goal has been raised, and several projects within the overall renovation plan have already been completed. With continued support from foundation and corporate partners, as well as individual donors, MOWRI is moving steadily toward a revitalized facility that will serve the organization and welcome its clients, community and stakeholders for decades to come.

### A Sample of Completed Projects

ADA-accessible entrance ramp for ground level access  
Refurbished lobby space  
West Park Street garage door conversion  
Bathroom renovations including ADA compliance  
Conference room renovations  
Office furniture upgrades

**We're 53% to our goal!**

▼ **\$1,046,179**

**\$2,000,000**

### Our Generous Funders

The Champlin Foundation  
Roddy Foundation  
Rhode Island Community Food Bank  
City of Providence  
Ocean State Charities Trust  
Carpionato Group  
Simon W. Wardwell Foundation  
Anonymous  
William P. Aldrich  
Stefanie Abate  
Lana J. O'Brien  
Matthew J. Nelson

To learn more and support our Building Impact campaign, please scan the QR code



# Impact Supporter Spotlights

## Rhode Island Foundation

With grant awards dating back to 1997, the Rhode Island Foundation (RIF) has been a longstanding supporter of MOWRI's mission and valued partner in helping our organization to evolve and extend its impact across the state.

In addition to grants that help us serve older adults in many Rhode Island municipalities and continue to advance our Food Is Medicine-focused work, in 2025 the Foundation generously supported two projects that will help build long-term organizational sustainability – (1) developing a business plan to incorporate nutritional counseling into our Food Is Medicine work and (2) ensuring volunteer program resiliency in response to nationwide decline.



### van Beuren Charitable Foundation

van Beuren Charitable Foundation (vBCF) has been MOWRI's strongest partner in providing the Home-Delivered Meal Program to Newport County older adults for over 20 years.

In 2025, vBCF awarded our organization a 3-year, \$150k grant for continued support.

vBCF's grant award will support MOWRI's Home-Delivered Meal Program service for older adults in Newport, Jamestown, Little Compton, Middletown, Portsmouth, and Tiverton.

In 2025, this program served 301 Newport County clients, of whom 61% were older adults.

## Making an Impact Through Planned Giving

Meals on Wheels of Rhode Island's Joseph Brown Society welcomes supporters to create a lasting impact by leaving a gift to our organization in their estate plans.

Joseph Brown (1924-2014) founded our organization in February 1969 with the goal of giving homebound seniors in Providence increased access to healthy foods. Within 10 years, Mr. Brown, his team and volunteers grew Meals on Wheels of RI to serve homebound older adults statewide and had delivered one million meals across the state.

As we continue the work Mr. Brown began 55 years ago, we honor his legacy through our planned giving society.

A planned gift made through your will, trust, or to Meals on Wheels of RI as an IRA beneficiary, helps ensure we can enact our mission for years to come.

For more information on planned giving to Meals on Wheels of RI, please contact a member of our development team at (401) 351-6700.



### Joseph Brown Society

Anonymous  
Hilda L.V. DeCesare\*  
Ardythe Ford\*  
Ethel M/ Halsey\*  
Diana L. Loeffler\*  
Evelyn C. Mullen\*  
Joseph Tringa\*  
Jean Halvorsen  
Helen Macdonald

\*Gift realized

# Corporate, Foundation, and Organizations

## \$100,000+

Anonymous  
Bank of America  
Rhode Island Foundation

## \$50,000+

Centreville Bank Charitable Foundation  
The Simon W. Wardwell Foundation  
van Beuren Charitable Foundation

## \$25,000+

Blue Cross & Blue Shield of Rhode Island  
City of Providence  
Harriet Ballou Charitable Foundation  
The Warren Alpert Foundation  
Webster Bank

## \$15,000 - \$24,999

Citizens Charitable Foundation  
Frank B. Hazard Charitable Foundation  
Rhode Island Senate  
Roman Catholic Diocese of Providence  
Town Fair Tire Foundation  
Town of Barrington

## \$10,000-\$14,999

BankNewport Charitable Foundation  
Barrington District Nursing Association  
Bristol County Savings Bank  
Horace A. Kimbal and S. Ella Kimball Foundation  
June Rockwell Levy Foundation  
Lawson Charitable Foundation  
Mabel T. Woolley Trust  
Papitto Opportunity Connection  
PPL Foundation

## \$5,000-\$9,999

AAA Northeast  
American Baptist Churches of Rhode Island  
B.B. Lederer Sons Foundation  
BankNewport  
Bristol Home for Aged Women  
Brown Medicine  
Holmander Family Charitable Fund  
John Clarke Trust  
Dave's Marketplace  
Dimeo Construction  
Frederick C. Tanner Memorial Fund Inc.  
HarborOne Foundation of RI  
IM Fleet Family Fund  
Inez Sprague Trust  
Navigant Credit Union  
Newman, Dignan & Sheerar, Inc.

Ocean State Charities Trust

Point32 Health  
R.B. Howes & Co., Inc.  
Rhode Island Community Food Bank  
Squantum Association Charitable Foundation  
The Edward J. and Virginia M. Routhier Foundation  
Town of Westerly  
Marie and Kent Tunnicliffe Charitable Gift Fund  
United Healthcare  
PPL Foundation

## \$2,000-\$4,999

Amica Companies Foundation (Matching Gifts)  
Bank of America Employee Giving Campaign  
Bonollo Provisions  
Bristol Female Charitable Society Fund  
Care New England Health Systems  
Chelsea Groton Foundation  
Edith S.S. Loebs Fund  
Electric Boat Corporation, Quonset Point ECSA  
Ferguson Perforating Company  
Ferland Property Management  
Greenville Baptist Church  
Hackman & Phillips Elder Law RI  
Harry M., Miriam C. & Williman C. Horton Charity Fund  
Herbert E. Sackett Charitable Trust  
Ida Ballou Littlefield Memorial Trust  
Janci Foundation  
Johnson & Johnson  
Kimmel - Pelletier Fund  
Marasco and Nesselbush Charitable Foundation  
Mary Dexter Chafee Fund  
McAdams Charitable Foundation  
NewportFed Charitable Foundation  
O.B. McCullough Fund  
Prime Healthcare Services - Landmark LLC  
Reynolds Charitable Trust  
Rhode Island Society of CPAs  
Starkweather & Shepley  
Target Circle  
The Ashaway Charitable Trust  
The Kitt Wright Fund  
Town of Narragansett  
Town of Portsmouth  
Vertikal6  
Washington Trust Company  
Waterson Terminal Services

## \$1,000-\$1,999

Adler Pollock & Sheehan P.C.  
Advocacy Solutions  
BayCoast Bank  
Bottaro Law

Brigido's Fresh Market  
 Bristol Children's Home Fund  
 Carpianato Properties  
 Chapel Street Congregational  
 City of Warwick  
 Coast1 Credit Union  
 Cross Provider Insurance  
 Delta Dental of Rhode Island  
 Embrace Home Loans, Inc.  
 Enterprise/Taylor Charitable Entities  
 Feibelman Family Fund  
 Fern Brown Memorial Fund  
 Illinois Tool Works  
 Intercontinental Holding Company (Jerry's Supermarket)  
 John and Jessica Pinkos Family Fund  
 John Dixon & Katherine A. Johnston Foundation  
 Massey & Associates, Inc.  
 McCain Family Foundation  
 Meals on Wheels of America  
 Mutual of America  
 N & D Transportation Company, Inc.  
 NEARI Retired Political Action Committee  
 Newport Rifle Club  
 Neighborhood Health Plan of RI  
 North Family Trust  
 North Smithfield Ambulance Rescue Association  
 Northup's Service Center Inc.  
 Optative Group, LLC  
 PACE Rhode Island  
 PSG Equity  
 Rhode Island Deputy Sheriffs FOP Lodge 38  
 RI Department of Revenue Division of Taxation  
 Robert and Beverly Mello and Marino Charitable Fund  
 Rotary Charities Foundation of Rotary Club of Providence  
 Saccoccio & Associates, Inc.  
 Scott Volkswagen  
 Second Serve  
 The Beacon Foundation  
 The Joseph and Rosalyn Sinclair Foundation, Inc.  
 The Taoholistic Fund  
 The Vermont Community Foundation

Town of Bristol  
 Town of Burrillville  
 Town of Charlestown  
 Town of Middletown  
 Town of North Smithfield  
 Town of Richmond  
 University Orthopedics  
 Westerly Community Credit Union

**\$500-\$999**

Apollo Auto  
 Axis Wealth Partners  
 Brown School of Public Health  
 Chirico Construction Company, Inc.  
 Citrin Cooperman & Company, LLP  
 Coast to Coast Promotional Products  
 East Bay Printing  
 East Greenwich Rotary Charitable Fund  
 Gilbane Building Company (matching gifts)  
 Grant Sherburne Fund  
 Mary LeMoine Potter Fund  
 McGreen's Fine Wine and Spirits, Inc.  
 Pannone Lopes Devereaux & O'Gara LLC  
 RBC Wealth Management  
 Rhode Island Department of Health  
 Roch's Fresh Foods  
 St. Martin's Episcopal Church  
 The Paul M. & Kathleen Manapeli Larson Fund  
 West Warwick Chapter of AARP

**\$250-\$499**

A.A.R. P. East Bay Chapter #1302  
 Alice Viola Fund  
 Crestwood Advisors  
 Bunnell Trust  
 CVS Health (matching gifts)  
 FM Global Foundation (matching gifts)  
 nVent Foundation (matching gifts)  
 Pfizer Foundation Matching Gifts Program  
 Slaterville Congregational Church, Inc.  
 Stop & Shop Bloomin' 4 Good Program  
 Town Wine & Spirits



# Individual Contributors



## \$20,000+

Anonymous

## \$10,000+

Kenneth and Judith Dionne  
Eran Fraenkel  
Connie Luke

## \$5,000-\$9,999

Bridget Baird  
Thomas D. Cerio III  
Janet L. Coit  
Paul and Valerie Debrule  
Dione and Kenneth Kenyon  
Karin E. McCormick  
Erik and Sanaa Anders Nelson  
Dorothea Silvestre  
Emily A. Webber

## \$2,000-\$4,999

Estellita Arig  
Marylou Buyse  
Christina Pitney  
Dennis Donnelly  
Pamela Giannini  
Paul and Joyce Kilmartin  
Helaine and Mark Schupack  
Matilda Woiler



Christien and Nancy Asselin  
Nathan Beauvais  
Gerald Benson  
Marcia and Alan Blazar  
Frank Bragantin  
Paula G. Carmichael  
Beverly J. Clark  
Alfred Conti  
Bradford and Kimberly Dimeo  
James and Carol Fitzsimonds  
Jeffrey and Constance Giguere

Thomas Guerra  
Gutkowski/Marcoux Family Fund  
Mary E. Hardiman  
Linda Hargreaves  
Alanna K. Iacobbo  
Richard and Anne Jordan  
Tracey Keenan  
Anne and Bruce Landis  
Beverly Ledbetter  
Becky Lowry  
Jean D. Madden Jr.  
Robert and Mercedes

Mahoney  
Virginia and Paul Mahoney  
Bess Marcus  
Lily Martin  
Mary Ellen McGrath  
Brooke McGregor  
David and Kathy Monaco  
Patricia Nanian  
Tania Palmieri  
Muriel Palumbo  
Roberta E. Richman  
Paula H. Rooks  
Anthony Mark Roza

Kaitlyn Alves  
Dr. Sarah Amin  
Natalia Andrade  
Scott Barrett  
Cheryl Benn  
Deborah Booth  
Christine Bowry  
Kenneth and Miriam Campbell  
Carol Christensen  
Jane E. Cimini  
Patricia Confort and Thierry Deegan  
David and Benita Cook  
Thomas J Cotter  
Ernest Crivellone  
Jane and Richard Cronin

Gary and Carol Cummins  
Gloria Dahl  
Marc Delcheccolo  
James Derderian  
Christopher Doepper  
Eric Falk  
Josefowicz Family Fund  
Luz M Filpo  
Amy and Michael Garofalo  
Jonathan and Rita Gewirz  
Cathleen A. Gontarek  
Thomas and Rosemary Grady  
Carol Grant  
Jeffrey Grybowski  
Thomas & Susan Guerra  
Spencer and Marguerite

Hall  
Pamela J. Harvey  
Brian Hunter  
Ellen T. Kane  
Michele I. Kelly-Robinson  
Priscilla H. Lambert  
Stephen Lapatin  
Carol A. Le Page  
Richard and Ruth Ann Lewis  
Lisa Raiola  
Michael and Jane Litner  
Jay Longley  
Helen Gilbane Macdonald  
Giselle Mahoney  
Judy Malin  
Corey McCarty

## \$500-\$999 contd.

Elizabeth F. McGrath  
Francis X. McMahon  
Richard and Barbara McWhirter  
Lucille A. Medeiros  
Michael and Ann Marie Garofalo  
Peter L. Moreau  
Lynanne Morganstern  
Jaclyn Moxham  
Harold and Laura Horvat  
Alice Msumba  
Matthew and Janeen Nelson  
Melissa Nizolek

Santosh Perumbadi  
Benjamin Pezzi  
Elizabeth Phillips Esq.  
Ralph and Letty Raponi  
Timothy Reed  
Robert and Judith Rivard  
Amy Robb  
Dawn Roch  
Jane E. Roman  
Patricia Rutter  
Ellen Simmons  
Kevin M. Smith

Gregory W. Smolan  
Donna M Surtel  
Lisa H. Sweeney  
Carol Terry and James Janecek  
Esther and Elliott Urdang  
Margaret and Howard Watson

## \$250-\$499

Cathy Andreozzi  
Alice Arredondo  
Deb Austin  
Joann Barao  
Deborah Barchi  
Sierra Barnhardt-Barter and Benjamin Terry  
Mars and Prudence Bishop  
Cindy Bowden  
Michael E. Brankert, Sr.  
Carrie Bridges  
Karl & Jean B. Brother  
Matthew Brouillard  
Kevin Butler  
Robert J. Calabro  
Shelly Cappucci  
Krystal and Kevin Carnes  
Lisa and Michael Casey  
Joseph and Joan Cembrola  
Senator Frank Ciccone  
John and Suzanne Colby  
John and Kathy Connelly  
Raymond Cox  
Thomas J. Dacey  
Murray and Judith Danforth III  
Jennifer Dellefratte  
Louise Denham  
David Duquette  
Dr. Yul D. Ejnes  
Carol C. Feliciano  
Bill & Joan F. Flynn  
Daniel Fournier  
Sarah Frost  
Allyson Gallagher  
Catherine Garson  
Ed Giachelli  
Frank Giarrusso  
Earl and Lorraine Gladue  
Timothy Greaves  
Elizabeth Grenier  
Karen A. Gudmundson  
Ellen Hendrix

Megan Herne  
Karen Hess  
Douglas and Nancy Hinman  
Paul M. Hoffman and Celia Schnacky  
Nancy Howard and Mary Miller  
Stefani Hulitar  
Patti Hunt  
Michael S. Jones  
Thomas Jones  
Christine Kane  
David Katzen  
Rebecca M. Keister  
Shandelle Kenler  
David Kenyon  
Susan Kerins  
Peter C. Kostant  
Janet Labrecque  
Michael and Darleen Lambrese  
Matthew LaMountain  
Barbara S. Lesko  
Ramzi J. Loqa  
James Loxley  
Paul L. Lucier  
Diane R. Lynch  
Carmen B. Lysaght  
Beverly T. Mack  
Janis H. Marecsak  
Kerianne Marino  
Theresa E. Mathiesen  
Douglas and Gretchen Mayhew  
Elizabeth McClaine  
Timothy and Erica McCormick  
Ryan McEleney  
Ann McLaughlin  
John J. Menihan, Jr.  
Amy Miller  
Stephanie Miller  
Thadeus Mocarski  
Ms. Margaret J Moone  
Erica Mottau  
Brittany Mulcahey

Thomas Mulvey Jr.  
Daniel J. O'Hara  
Thomas and Graciela A. Palumbo  
Michael and Susan Patch  
Michael Pawlitschek  
Sarah Perrotta  
Stephen Perry  
Sandra Peterle  
Sharon and Charles Picard  
Barbara A. Piette  
Garry and Virginia Plunkett  
Betsy P. Puckett  
Robert S Raposo  
Kenneth and Elaine Rawlinson  
Jami Ribeiro  
Eric and Sharon Rose  
Mark and Donna Ross  
Andrea Rusnock and Paul Lucier  
Vijaya Sambandam  
Rich and Jane Schweinsburg  
Janet Seals  
David Sholes  
John Silva  
Samuel and Pamela Sinel  
Rosalie I Slabon  
David Slezczkowski and Marguerite Pelletier  
Barbara Sorgel  
Ryan M Sousa  
Marita T. Stapleton  
Sandra A. Stuart  
Thomas Sugrue  
Joanna Susin  
Don Troppoli  
Dina Ucci  
Richard Veyera  
Michael and Rita Vieira  
Sharon Walsh  
Michael C. Wood  
Richard and Mary Worrell  
Herbert A. Zakrison  
Ann and Stephen Ziobrowski



Members of Meals on Wheels of Rhode Island's monthly giving program are recurring donors whose commitment to our mission is helping to ensure the sustainability of our programs.

We are proud to recognize the following donors for their exceptional generosity.

## 2025 Tomorrow's Meal Club

Deborah Barchi  
Scott Barrett  
Nathan Beauvais  
Jack Beck  
Brian M. Blair  
Alice Bolognese  
Cindy Bowden  
Christine Bowry  
David J. Brannick  
Nancy Brindisi  
Renee Chicoine  
Tanya Coccia  
John and Suzanne Colby  
John and Kathy Connelly  
Catherine Costantino  
Raymond Cox  
Louise Denham  
James Derderian  
Christopher Doepper  
Ara Dostourian

Daniel Fournier  
Allyson Gallagher  
Catherine Garson  
Ed Giachelli  
William Gorman  
Victoria Gu  
Gutkowski/Marcoux Family Fund  
Jamie M. Harrower  
Pamela J. Harvey  
Eileen Jutras  
Rebecca M. Keister  
Julia Liu  
Becky Lowry  
Diane R. Lynch  
Carmen B. Lysaght  
Giselle Mahoney  
Albert S. Malkasian  
Kerianne Marino  
Carol and James Medeiros

Wayne Mills  
Lynanne Morganstern  
Cindy Mulvey  
Lois A. Palombo  
Thomas and Graciela Palumbo  
Laurie Marie Pisciotta  
Donnalee Pratt  
John and Sylvia Reinholt  
Roberta E. Richman  
Robert and Judith Rivard  
Eric and Sharon Rose  
Janet Seals  
Barbara Sorgel  
Sharon Stern  
Ginamaria Tassinari  
Bridget Valverde  
Richard Veyera  
Charles W. Winter Sr.  
Michael C. Wood

## MOWRI Team Supporters

We are proud to recognize the following team members for contributing to our culture of philanthropy through a personal donation.

Steven Cambio  
Shana DeFelice  
Keren C. Dela Cruz  
Ramona Fernandez  
Luz M. Filpo

Amy J. Garofalo  
Meghan R. Grady  
Nicole L. Greaves  
Rick Hernandez  
Wetherley Hundley

Jeannie Joly  
Grace Kane  
Erica Mottau  
Linda Rampone  
Miguel Rios



## Your Donations Matter

As an independent nonprofit organization, every donation we receive remains in Rhode Island, directly benefiting your local community. Regardless of the amount you contribute to Meals on Wheels of RI, your generosity holds immense significance.



### \$10 Supporter

Provides one home-delivered meal, wellness check, and socialization for an older adult in Rhode Island.



### \$50 Nourishing Neighbor

Provides one week of home-delivered meals, safety-checks, and meaningful socialization.



### \$100 Community Caretaker

Ensures two weeks of consistent, healthy home-delivered meals and valuable socialization.



### \$200 Delivery Hero

Enables a full month of nutritious meals, life-saving wellness checks, and engaging social interactions for an older adult in Rhode Island.

# 2025 In-Kind Donors

22 Bowen's  
Stefanie Abate  
Adler Pollock & Sheehan P.C.  
Air and Anchor  
Air Ventures Flying School  
Kayla Amaral  
Asia Grillr  
Ballet RI  
Jennifer Barros  
Tom & Christine Beaulieu  
Bettola  
Bill's Place  
Black Oak  
Marylou Buyse  
Campanella's  
Mary Ellen Cantone  
Cardi's Furniture  
Marie-Elena Carpenter  
Cassarino's Restaurant  
Chelo's  
Chili's  
Circe Prime  
Coca-Cola Beverages Northeast  
Condesa  
MaLiza Crudele  
Dan's Place  
Dave and Busters  
Dave's Marketplace  
Lianne Desrosiers  
Sarah Demeo  
Jacqui Dodge  
Dolce and Salato  
Edgewood Cheese Shop  
Janet Farrell  
Firehouse Theater  
Foxwoods Resort - Casino

Frank Pepe's Pizzeria  
Gansett Cruises  
Garden Grille/Wildflour  
Amy Garofalo  
Ann Marie Garofalo  
Gianna Geary  
Meg Grady  
Elizabeth Graham  
Grampo LLC Restaurant Group  
Gregg's  
Mary Harrington  
Iggy's  
Interstate Navigation  
J&J Gasbarro's Oaklawn Liquors  
Thomas A. James  
Joyal's Liquors  
Mary Karn  
Kristi's Kraftails  
La Masseria  
Matthew Ladewig & Amy Robb  
Legal Seafoods  
Level 99 - Providence  
Lincoln Country Club  
Wenda Loch  
Jay Longley  
Becky Lowry  
Jeneane Lunn  
Helen W. MacDonald  
Macera's  
Mind Your Dog  
Giselle Mahoney  
Mak Mak  
Maria Burton Photography  
Whitney Martin  
Laurie Wilson  
McBride's Pub

Thomas Morelli  
Newport Restaurant Group  
Nick's on Broadway  
Not Your Average Joe's  
Oberlin  
Ocean House  
Olive Garden  
Pet Supplies Plus  
Christina Pitney  
Poco Loco  
Red Stripe  
RI Latin Dance  
Emily Rinda  
Roger Williams Park Zoo  
Rumford Pet Center  
Savory Fare  
Gregory W. Smolan  
Tandy Lane  
Taste Buds Kitchen  
Tavern in the Square  
The Big Cheese  
The Gamm Theatre  
The Patio  
The Woods Tavern  
Daniel & Donna Theriault  
Topgolf Rhode Island  
Talia Triangolo  
Trinity Repertory Company  
T's Restaurant  
Twin Oaks  
Twisted Pizza  
UNO Pizzeria & Grill  
Waysider  
Wine and Cheese



# MARCH FOR MEALS

MARCH 1-31

# 401GIVES DAY

MARCH 31

# FESTIVAL OF MEALS

TUESDAY, OCTOBER 20

Follow us on  
Social Media



70 Bath Street, Providence, RI 02908  
tel 401.351.6700 | fax 401.351.6750  
[rimeals.org](http://rimeals.org)

## Stay Connected



[Schedule a Tour](#)



[Become a Volunteer](#)



[Make a Donation](#)