



VOLUNTEER PROGRAM QUICK HITS

WHAT

Meals on Wheels of RI's (MOWRI) Volunteer Program is a vital part of providing our signature "More Than a Meal" service to homebound and other food-insecure Rhode Island residents across the state through the MOWRI Home-Delivered Meal Program (HDMP).

HDMP volunteers deliver meals and provide wellness checks and social visits to more than 3,100 Rhode Islanders annually, ensuring safe handling and delivery of meals and engaging with clients to make sure they are safe and to ease their loneliness.

WHY

MOWRI's HDMP works to help clients achieve equitable access to fully healthy lives. Through daily delivery of complete and nutritious meals, safety-assuring wellness checks and social visits, our program helps improve clients' health and well-being so they can maintain independent living.

Annually, HDMP volunteers collectively contribute more than 30,000 hours of service time to our mission. This helps MOWRI use its funding for other aspects of program service.

WHERE & WHEN

HDMP volunteers deliver on varied schedules Monday-Friday, between 9:30 a.m. & 2 p.m. Most delivery routes can be completed in a few hours. Meals are picked up and delivered from valued partner meal dispatch sites across Rhode Island.

CONTACTS

MOWRI headquarters is located at 70 Bath St., Providence. Our main phone line is (401) 351-6700. Please use this guide for who to call on our team.

Program Feedback & Additional Support

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Scheduling & Daily Delivery Questions

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