



# JCS' Kosher Meals on Wheels

## APRIL 2026 MEALS

**MON**

**TUE**

**WED**

**THU**

**FRI**

**Seniors and adults with disabilities of all faiths and backgrounds are also welcome to receive our Kosher Meals on Wheels.**

**6**

Honey Apricot Chicken Drumstick  
White Rice  
Mixed Roasted Vegetables  
Fresh Fruit

**7**

Seared Salmon  
Coconut Rice  
Teriyaki  
Green Beans  
Dessert

**8**

American Chop Suey w/ Ground Beef and Diced Vegetables  
Dinner Roll  
Fresh Fruit

**9**

Asian Glazed Chicken  
Vegetable Fried Rice  
Stir Fry Vegetables  
Fresh Fruit

**10**

BBQ Meatloaf  
Egg Noodles  
Maple Butternut Squash  
Dessert

**13**

Lemon Rosemary Chicken Thighs  
Rice Pilaf  
Garlic Green Beans  
Dessert

**14**

Matzo Ball Soup with Chicken & Vegetables  
Challah Roll  
Fresh Fruit

**15**

Cheese Pizza  
French Fries  
Mixed Roasted Vegetables  
Fresh Fruit

**16**

Chicken Pot Pie  
Garden Salad w/ Italian Dressing  
Dessert

**17**

Chicken Stir Fry w/ Vegetables  
Fried Rice  
Fresh Fruit

**20**

Rotisserie Chicken  
Cauliflower & Carrots  
Roasted Potatoes  
Dessert

**21**

Spaghetti w/ Sauce and Meatballs  
Mixed Vegetables  
Challah Roll  
Fresh Fruit

**22**

Rosemary Lemon Salmon  
Coconut Rice  
Teriyaki Vegetables  
Fresh Fruit

**23**

Sweet & Sour Meatballs  
Mixed Vegetables  
Egg Noodles  
Fresh Fruit

**24**

Garlic Scampi Pasta w/ Cubed Chicken & Broccoli  
Challah Roll  
Dessert

**27**

Bagel with Lox  
Cream Cheese  
Tomato, Cucumber, & Onion  
Fruit Cup

**28**

Persian Chicken  
Coconut Rice  
Green Beans  
Fresh Fruit

**29**

Matzo Ball Soup with Chicken & Vegetables  
Challah Roll  
Fresh Fruit

**30**

Chicken Piccata  
White Rice  
Mixed Roasted Vegetables  
Dinner Roll  
Fresh Fruit



Suggested \$3.00 Donation

Questions about Kosher Meals on Wheels call Neal Drobnis 401-421-4111 X 114

Meals will be delivered to your home  
2 Meals on Monday  
3 Meals on Wednesday

Contact Maya at Meals on Wheels with concerns regarding food allergies: 401-351-6700 Ext. 113

Join us on Zoom or in-person for Activities before lunch! See back side for the weekly schedule!

Sponsored by





# KOSHER SENIOR CAFE

- The Kosher Senior Café, held in Providence (Monday–Thursday) and in Cranston (Friday), offers delicious kosher lunches and an opportunity to socialize. For those who are unable to travel, JCS also offers Kosher Meals on Wheels.
- Activities and entertainment contribute to the social atmosphere, drawing attendees into a vibrant community.
- All seniors (regardless of religion) age 60 and older, as well as younger adults with a disability, are eligible to dine at the Kosher Senior Café.
- Reservations are required two days in advance for meals. There is a suggested donation of \$3 per meal to help cover costs of the café. (All donations are made anonymously, and no eligible participant will be turned away if they are unable to donate.) There is no charge for scheduled social activities.

## APRIL 2026 ACTIVITIES

MON	TUE	WED	THU	FRI
		1 Chair Yoga 	2 Closed for Passover	3 Closed for Passover
6 Poetry Slam	7 Passover Around the World	8 Closed for Passover	9 Closed for Passover	10 Ask a Lawyer with Attorney Kathleen G. Di Muro
13 Improv For Everyone	14 The History of AARP	15 Chair Yoga 	16 Book Club	17 Birthday Music with Rockin Robert
20 Improv For Everyone	21 The Best Way to Breathe	22 Chair Yoga	23 The Pursuit of Happiness	24 Watercolor Painting
27 Improv For Everyone	28 The Benefits of Herbal Tea	29 Chair Yoga	30 Facts About Acetaminophen	

Experience our Tuesday, Wednesday, and Thursday activities firsthand at the Dwares JCC, or join us virtually LIVE on ZOOM!

[Click Here to Access Zoom](#) or look for Neal's Weekly Email!

Mondays are held at the JCC, and Friday at Temple Sinai, unless otherwise noted.

**UPCOMING EVENTS**

Friday, June 26,  
Eleventh Anniversary  
Kosher Senior Cafe'  
at Temple Sinai

If you use email and do not already receive emails from us, please contact [neal@jcsri.org](mailto:neal@jcsri.org)