



DRIVING IMPACT

ANNUAL REPORT 2025

Dear Friends,

A new year invites reflection and the opportunity to look ahead with intention.

"Building Resilience, Deepening Impact" is much more than the name of our 2030 Strategic Plan, approved by our Board of Directors in late 2025. Guided by four core pillars, this bold strategy will propel our organization through its next five years and beyond.

By focusing on (1) mission impact, (2) sustainable growth, (3) quality improvement, and (4) leadership, we're building upon the success of MOWRI 2025, our most recent strategic plan that well positioned us for deeper impact, more ambitious investments in innovation, infrastructure, and advocacy, and to embrace wide opportunities for deeper collaboration with healthcare systems and other partners.

Last year, we served 5,596 Rhode Island residents with meals, safety assurances and social connections that are helping them to maintain healthy and independent lifestyles. Continuing to serve our core client population of homebound older adults, we're now reaching Rhode Islanders aged 0-100+ including perinatal and postpartum women, those living with HIV/AIDS and other chronic illnesses, and school-aged children in rural settings through our strengthened focus on Food Is Medicine.

Over the last three years, we've realized tremendous growth, celebrated new opportunities to help more Rhode Islanders realize the benefits of our "More Than a Meal" service, and formed new partnerships to expand our reach as a trusted healthcare partner. From delivering therapeutic grocery bags to individuals managing chronic illness to hosting a clinical rotation site for collegiate nursing students, incredible advancements shaped our 2025.

You have made this possible, and we thank you for supporting our mission, believing in our work, and trusting us to deliver on our vision of a Rhode Island where all can realize equitable access to fully healthy lives.

To resiliency, sustainability, and growth as our guiding words for 2026, we add gratitude for you, for your continued partnership, and for the opportunity to continue engaging you in our work this year, through 2030, and for decades to come.

In gratitude,



A blue ink signature of Meg Grady.

Meg Grady
Executive Director



A black ink signature of Christina Pitney.

Christina Pitney
Board President

MISSION

Our mission is to meet the nutritional, safety and social needs of those we serve so they can maintain healthy and independent lifestyles.

VISION

A Rhode Island where all individuals, regardless of age or background, can access the nourishment, connection, and care they need to thrive.

VALUES

Compassion, Accountability, Respect, Excellence, Steadfastness

Board of Directors

Christina Pitney

President

Senior Vice President, Government Programs
Blue Cross & Blue Shield of RI

Megan Herne, PHR, SHRM-CP

Vice President

Director, HR & Social Responsibility
Cooley Group

Jaclyn Cotter, Esq.

Secretary

Legal Counsel
Narragansett Bay Commission

Nathan Beauvais, CFP®, CIMA®, CPWA®

Treasurer

Financial Advisor
Sowa Financial Group

Sarah Amin, PhD, MPH

Assistant Professor and Director of Community
Nutrition Education
University of Rhode Island

Marylou Buyse, MD

Physician and Executive Coach

Sean Buchanan

CFO
Génere Family Businesses

Krystal Carnes

Director of Marketing & Design
Carpionato Group

Stephen Lapatin, Esq.

Associate
Adler, Pollock & Sheehan P.C.

Jay Longley

Senior Consultant
Envision Technology Advisors

Becky Lowry, SPHR®

AVP, Talent Strategy & Operations
CVS Health

Giselle Mahoney

Chief of Communications
Rhode Island Commerce

Corey McCarty

Senior Vice President Business Operations
Blue Cross Blue Shield Association

Marcus Mitchell

Executive Director
DARE: Direct Action for Rights and Equality

Jocelyn Nacci

Vice President
Commercial Banking, Centreville Bank

Elizabeth Phillips, Esq.

Partner
Hackman & Phillips Elder Law RI, LLC

Phanida Phivilay

Manager, Community Outreach
United Healthcare

Joe Rotella

Business Manager
Rhode Island Resource Recovery Corporation

Greg Smolan, CPCU

Vice President – Insurance Operations
AAA Northeast

MOWRI proudly engages area professionals and invested community members with subject matter expertise across a range of industries to serve on committees led by our Board of Directors. These individuals help drive our statewide impact, providing invaluable guidance to our strategic work.

Development Committee

Stephanie Abate

Managing Director, Individual and
Small Business
Blue Cross & Blue Shield of RI

Sharon Walsh

SVP & Director of Marketing and
Corporate Communications
Washington Trust Co.

Carolyn Kyle

Director of Marketing, Business
Development, Physician Relations
& Practice Administration
Landmark Medical Center-Prime
Healthcare

Finance Committee

Lauren Amaral, CPA

Partner, Director of Audit Services
KLR

Michelle Sears

CFO
Neighborhood Health Plan of RI

Shawn Duarte

VP, Retail Learning Manager
BankNewport

Mission Impact Committee

Robin Covington

Coalition Director
RI Coalition for Elder Justice

Dianna Shaw

Healthcare Advisor, Navigator &
Consultant
Dianna Shaw, Advisor LLC

Steve Perry

MOWRI Volunteer

Modern Workforce Committee

Matthew Brouillard

Strategic IT Consultant

John Sullivan

EVP, CIO
BankNewport

Fil Rego

CIO
EBCAP

People & Culture Committee

Brianna Jankowski

Human Resources Coordinator
Centreville Bank

Jeff Thomas

Vice President of Human Resources
Ross Simons

MOWRI Through the Years

1969

Gerontologist Joseph Brown (1914-2004)
founds Meals on Wheels of RI

We served 17 Providence seniors on one
delivery route this year

2000

Entering a new millenia, MOWRI has
established its Capital City Café Program &
delivers its 10-millionth home-delivered meal

2022

Following unprecedented service growth
and zero days of service disruption during
the COVID-19 pandemic, MOWRI delivers its
20-millionth home-delivered meal

1979

Having become a statewide service
after the 1972 Older Americans Act
amendment, MOWRI delivers its 1
millionth meal

2019

Our 50th Anniversary! Executive Director
Meg Grady is appointed to lead MOWRI
toward substantial programmatic growth and
organizational modernization

2025

MOWRI is a fully statewide organization
serving food-insecure Rhode Island residents
ages 0-100-plus. With an expanded focus on
Food Is Medicine, we increased our cultural
and medically tailored meal offerings and
deliver our 21-millionth home-delivered meal

2025 BY THE NUMBERS

Total
Clients Served



5,596

Total Meals Served



480,939

Volunteer Miles Driven



310,000

Mobile Pantry Bags Delivered



1,176

No-Cost Market Customers



2,463

& more than
80k lbs. of food

MOWRI Year 3 Accomplishments

The final year of our 2022-2025 strategic plan realized tremendous growth in our work to deepen our statewide impact. Following are highlights from our 2025 successes.



Goal 1

Develop Opportunities to Innovate and Scale Our Model

- Launched Post-Discharge Meals Program for post-partum households
- Increased Medically Tailored Meals delivery by 46%



Goal 2

Implement a Sustainable Business Model to Maintain and Grow Our Signature Programs

- 97% of clients express overall program satisfaction
- Increased No Cost Market utilization by 66%



Goal 3

Diversify and Deepen our Relationships to Extend Our Reach and Increase Our Impact

- Received national recognition of leadership achievement
- Hosted clinical site for collegiate nursing students



Goal 4

Develop a High Performing Structure and Model that Further Strengthens our Connections with Those We Serve

- Achieved a 4.45/5 overall score in team member engagement survey
- 100% of volunteers report enjoying their service experience



Goal 5

Invest in Our Infrastructure to Support Operational Efficiencies

- 53% of funds raised for capital campaign
- Reporting 92% of organization revenue supports programs vs. 8% supporting overhead



Goal 6

Further Diversify and Develop our Board to Increase our Capacity for Impact

- Added 2 new board members to filling subject matter expertise gaps
- Completed a 5-year strategic plan

Foundation For Impact

Since 1969, our programs and supporting services have helped clients to realize better health, increased access to adequate nutrition, and the ability to remain living with dignity and independence. Our core nutritional programming remains a vital resource for homebound older adults and other food-insecure Rhode Island residents across the state. Now serving additional populations with additional services, including cultural and medically tailored meals, grocery deliveries, and a food pantry, we are building our impact toward a Rhode Island where every person can thrive through nutrition, connection, and care.*

Home-Delivered Meal Program

Each weekday, this program delivers complete and nutritious, fully-prepared meals to homebound Rhode Islanders who cannot safely shop for or prepare their own meals. Clients receive a safety-assuring wellness check and social visit with each meal delivery and can choose from several meal menus to meet their cultural and dietary needs and preferences.

Pet Care

Our clients can enjoy the company of their pets with less stress about having enough resources to care for cats and small dogs by registering for our pet care initiative when they receive deliveries of pet food and supplies.

Senior Wish Initiative

For our clients who cannot easily access winter weather necessities and everyday essentials—due to their homebound status and/or Internet and financial resources—we offer gift deliveries during the winter holidays in partnership with our generous supporters.

Private Pay

We proudly offer Rhode Island residents who may not qualify for grant and donor-funded meals the opportunity to receive the same quality service and meal delivery through a private pay option.

Healthcare Partnerships

Extension of our “More Than a Meal” service model allows us to reach additional populations who are benefiting from home-delivered meals and grocery deliveries, including perinatal and postpartum women, school children in rural communities, and individuals living with HIV/AIDS and other chronic illnesses.

Capital City Café Program

Rhode Islanders aged 60 and older are welcomed to socialized dining experiences with their peers at one of our program sites. Lunches are held on weekdays at several locations across the City of Providence.

Cultural Cafés

Monthly cultural cafés offer clients a connection to their communities with meals and programming designed to meet their specific needs and preferences. We offer lunches designed for the older adult Latinx, LGBTQ and Southeast Asian communities, as well as a cafe designed for the Veteran community. All cultural cafes are open to all Rhode Island older adults.

Restaurant Dining

Rhode Island older adults can enjoy a low-cost, complete and nutritious meal at participating local eateries. Diners purchase \$5.00 vouchers directly from MOWRI and exchange the voucher for their meal choice.

Food Pantry

Designed as a no-cost market shopping experience, our food pantry is a resource for Rhode Islanders who may need additional access to food items. We proudly offer a variety of shelf-stable foods, frozen fruits and vegetables, frozen meats & soups, pet food, and select household and personal care items.

Mobile Food Pantry

Homebound MOWRI clients who cannot access traditional food pantries may request deliveries of shelf-stable foods and other items from our food pantry. Our trusted and committed drivers also identify clients who need additional nutritional support.

*All MOWRI meals served meet one-third of an older adult's daily dietary requirement.

In Motion Initiatives

Food is Medicine

MOWRI is a Food Is Medicine-focused organization dedicated to helping clients achieve equitable access to fully healthy lives. As we embark on our 2030 strategic plan, we will build upon the significant strides we've made over the last several years in advancing our cultural and medically tailored meal offerings, therapeutic grocery delivery and nutrition counseling, among many other initiatives.



Emergency Meals

Through generous funding from Centreville Bank, MOWRI Home-Delivered Meal Program clients receive an annual delivery of shelf-stable food items they can use to make five complete no-cook meals, ensuring they will have access to a nutritious meal in the rare occurrence that daily meal delivery is disrupted.

Community Health Work

In partnership with United Healthcare, MOWRI is piloting the Reach Out, Stay Strong Essentials for mothers of newborns program (ROSE), an evidence-based intervention aimed at helping reduce the risk of postpartum depression (PPD) following childbirth. Up to 100 pregnant women in their second trimester of pregnancy identified at risk for PPD will receive five (5) telehealth counseling sessions on topics including self-care tools, managing relationships, goal setting, and identifying signs of PPD. The program will be offered at no cost to participants.

Cultural Cafés

MOWRI's Cultural Café offerings, as part of our congregate dining program, offer socialized dining and nutrition-related education, as well as entertainment, for the older adult Latinx, Southeast Asian, West African, LGBTQ, and Veteran communities.

These lunches, held in partnership with community organizations in the greater Providence area, help clients stay connected to their cultural heritage and feature tailored meal menus tailored to their customs and traditions. In 2025, these cafés served 337 Rhode Island older adults.





Meals+

BMC Public Health, an open-access peer-reviewed journal, recently featured our partnership with UConn to conduct a 5-year, enhanced Home-Delivered Meals Program aimed to improve nutrition and reduce loneliness for older adults. Throughout this program, 1,650 clients at high nutritional risk are receiving healthy meals, groceries and community health worker services to improve their diet, food insecurity, and well-being.



Student Clinical Rotations

For the first time in our history, MOWRI served as a clinical site for Rhode Island College (RIC) nursing students. Over the Fall 2025 semester, students spent their Public Health Nursing rotation assisting in our Food Pantry operations, delivering meals in the community, and offering vital sign checks at our cultural cafés.

Maternal Health Equity

Continuing to serve perinatal and postpartum women and their families, our work in this space is an extension of our home-delivered program focused on ensuring high-risk pregnant women have access to adequate and medically tailored nutrition for themselves and their family.



Project Backpack

With the partnership of Point32HealthFoundation, MOWRI completed "Project Backpack" to benefit school children who participate in our Block Island Summer Lunch Program. Point32Health team members spent their June volunteer week with us, purchasing and packing backpacks full of school supplies and encouragement cards. MOWRI team members then delivered the backpacks to Block Island so students could start the new school year with confidence and support.



Statewide Service to Older Adult

Each weekday, our Home-Delivered Meal Program delivers approximately 1,800 meals to the doors of at-risk older adults and other homebound Rhode Islanders statewide.

CITY/TOWN	CLIENTS	MEALS
Barrington	26	4,127
Bristol	46	6,129
Burrillville	26	3,651
Central Falls	56	6,488
Charlestown	17	2,306
Coventry	90	12,394
Cranston	198	29,116
Cumberland	83	11,200
East Greenwich	33	4,844
East Providence	150	18,894
Exeter	8	1,598
Foster	11	2,047
Glocester	31	3,540
Hopkinton	11	1,027
Jamestown	6	1,261
Johnston	94	15,580
Lincoln	49	7,661
Little Compton	3	307
Middletown	35	4,253

CITY/TOWN	CLIENTS	MEALS
Narragansett	39	4,820
Newport	53	6,568
New Shoreham	4	707
North Kingstown	63	7,456
North Providence	94	14,030
North Smithfield	31	4,428
Pawtucket	188	27,542
Portsmouth	39	4,946
Providence	455	69,302
Richmond	25	2,068
Scituate	16	2,382
Smithfield	42	6,164
South Kingstown	51	6,275
Tiverton	57	5,796
Warren	24	2,386
Warwick	233	34,074
West Greenwich	5	967
West Warwick	111	14,471
Westerly	47	5,459
Woonsocket	153	24,137

2,703 380,401

MOWRI Clients by Program



- 49% Grant & Donor Funded Home-Delivered Meal Program Clients
- 11% Capital City Café Program Clients
- 40% Healthcare Clients

MOWRI Client Demographics

Grant & Donor Funded program clients

Our clients range in age from young adults to over 100.

- 96% of those we serve are over the age of 60
- 15% of those we serve are 90 years or older
- 60% of those we serve are women
- 21% of those we serve identify as a member of the BIPOC community
- 13% of those we serve self-identify as a Veteran
- 62% of those we serve live alone
- 4% of those we serve are younger than 60 and qualify due to disability

2025 Client Survey Results

Our annual client satisfaction survey asks older adult Home-Delivered Meal Program clients to share self-assessment of program impact and feedback on their experience.

Results are used to monitor our impact momentum and to inform future programmatic changes, as part of our commitment to quality improvement.

Of those who responded to our 2025 survey:



97% reported overall program **satisfaction**

87% reported an increased ability to **manage chronic health conditions**

90% reported feeling they can remain **living independently**

97% reported an increased ability to **eat healthier**

95% reported increased feelings of being **safe in their own home**

95% reported being **less worried** about having enough to eat

85% reported being able to achieve **healthier weight**

87% reported feeling they can **socialize with their delivery driver**

63% reported **fewer general medical practitioner visits**



Impact In Action

Nutrition, safety, and connection are the core tenants of MOWRI's work.

For Home-Delivered Meal Program client Jimmy, 75 and a Pawtucket resident, having increased access to the food and socialization he needs to thrive has made all the difference in maintaining his health and independence.

"The meals are great—especially the desserts," Jimmy told us, adding that the friendship with his program driver is just as important to his overall well-being.

Program volunteer Fred and Jimmy have bonded over their shared love of the guitar and "The Beatles."

Fred, whose very first program delivery was to Jimmy, has also helped Jimmy's wife of 51 years, Marion. She reports feeling much less worried about Jimmy, who lives with multiple chronic health conditions, while she is out of the house at work.



MOWRI Home-Delivered Meal Program client Jimmy, right, enjoys a jam session with volunteer Fred.

Our Volunteers

MOWRI volunteers are our “Delivery Heroes,” who contribute more than 30,000 hours annually to deliver weekday meals, wellness checks, and social visits to homebound clients across the state. Their dedication allows us to use more of our vital funds for other aspects of program service and we could not do our work without them.

Volunteers also support our Capital City Café Program and No-Cost Market food pantry as well as donation drives for our pet food care and senior wish initiatives. Throughout the year, we welcome corporate volunteers to help us deliver extra smiles to our clients by creating birthday cards and other cheerful items.

In 2025, several volunteers also contributed to revising our Volunteer Program Handbook, a tremendous step in strengthening our program to ensure we are best serving our client communities.



Volunteer Advisory Council

Since 2023, our Volunteer Advisory Council (VAC) has fostered deeper volunteer community connections and helped shape program advancement. Open to all MOWRI volunteers, the VAC meets four times per year for idea sharing and collaboration.

2025 VAC Members:

- Parisa Beers (East Providence/Riverside)
- Mark Chittim* (West Warwick)
- Gwyn Dieterle (Pawtucket)
- Robert Mangold* (West Warwick)
- Paul Masse* (Woonsocket/Northern RI)
- Tom Morelli (Providence)
- Lauren Paul (Providence)
- Steve Perry (Richmond)
- Martha Yates (Portsmouth)

*New VAC member in 2025

Each weekday, our longtime catering partner, TRIO Community Meals, prepares and delivers more than 1,800 complete, nutritious and fully prepared meals to 24 partner meal dispatch sites across the state. Our meal dispatch site partners are a vital part of our “More Than a Meal” service, donating their space and time to facilitate meal pickup by our volunteer drivers.

- | | | |
|--|--|---|
| 1 MOWRI Headquarters
Providence | 10 West Warwick Senior Center
West Warwick | 20 Gloucester Senior Center
Gloucester |
| 2 Bristol Senior Center
(Benjamin Church Manor)
Bristol | 11 Jamestown Senior Center
Jamestown | 21 Jewish Community Center
Providence |
| 3 Edward King Senior Center
Newport | 12 Tiverton Senior Center
Tiverton | 22 Temple Sinai
Cranston |
| 4 Portsmouth Multi-Purpose Senior Center
Portsmouth | 13 Southern RI Volunteers
Wakefield | 23 Jewish Family Services
Providence |
| 5 Scituate Senior Center
North Scituate | 14 North Kingstown Senior & Human Services (Beechwood)
North Kingstown | 24 Town of New Shoreham-Department of Human Services
Block Island |
| 6 Town of Foster
Foster | 15 Coventry Senior Center
Coventry | |
| 7 Richmond PD/Senior Center.
Richmond | 16 Charlestown Senior Center
Charlestown | |
| 8 Westerly Senior Center
Westerly | 17 Smithfield Senior Center
Smithfield | |
| 9 Shalom Apts. Meal Site
Warwick | 18 Aging Well Inc.
Woonsocket | |
| | 19 Ashton Court (Burrillville)
Harrisville | |



MOWRI in Community: Recognized for Impact

In 2025, MOWRI's work and leadership were recognized on local, national, and academic stages. These honors reflect the strength of our mission, the dedication of our team, and our growing influence in advancing Food Is Medicine interventions, health equity, and community well-being across Rhode Island and beyond.



1. National Leadership Recognition

Meals on Wheels of America (MOWA) named MOWRI Executive Director Meg Grady the 2025 Sister Alice Marie Quinn Award winner at the 2025 MOWA annual conference in San Antonio, Texas. This prestigious national award recognizes leaders who exemplify compassion, resilience, and transformative leadership in advancing the Meals on Wheels mission. This recognition affirms MOWRI's national leadership role and its continued commitment to innovation.

2. RIC Honors Alumna Shana DeFelice

Programs & Mission Impact Director Shana DeFelice, MSW '10, BSW '08, was named to Rhode Island College's Alumni Association Awards Honor Roll, recognizing alumni whose work drives meaningful change in their field and communities. Shana's leadership reflects MOWRI's deep commitment to health equity and data-informed program design that strengthen outcomes for Rhode Islanders most in need.

3. Excellence in Veterans Community Service

U.S. Rep. Seth Magaziner (D-RI) presented MOWRI, in partnership with the R.I. Office of Veterans Services, the 2025 Excellence in Community Service Award for its Veterans Cafe program and ongoing efforts to support Rhode Island Veterans. This recognition highlights MOWRI's commitment to serving our state's Veterans and expanding impact across communities statewide.

4. Introducing Dr. Meg Grady

Rhode Island College recognized Executive Director Meg's public service and community leadership impact with an Honorary Doctorate of Humane Letters at its May 2025 commencement ceremony. Under Meg's leadership, MOWRI continues to grow its reach, strengthen partnerships, and respond to evolving community needs.

5. National Thought Leadership: Food Is Medicine

Food Is Medicine Project Coordinator Grace Kane represented MOWRI at the Food As Medicine Summit in Chicago in June 2025, joining healthcare providers, policymakers, and nonprofit leaders from across the country. Participation in national convenings of thought leaders further positions MOWRI as a contributor to shaping sustainable, food-based healthcare solutions in mitigating food insecurity and patient-centered chronic disease management.

6. Strengthening the Next Generation of Healthcare Leaders

Brown University School of Public Health selected MOWRI as a graduate student internship partner, a collaboration that exemplifies MOWRI's efforts to strengthen community partners and support the state's healthcare sector. Master of Public Health candidates supported efficiency planning, maternal health program growth, and call center data analysis.



Festival of Meals

Nourishing Connections, Celebrating Community 2025 Festival of Meals Raises \$101K

Since 2019, MOWRI's signature fundraising event has brought together our sponsors, partners, supporters, and friends in celebration of our statewide impact while raising funds to help ensure we can continue to deliver on our mission.

In 2025, we reimagined this event to better reflect the heart of our work—delivering a nourishing midday meal that fosters independence and dignity while building community connection.

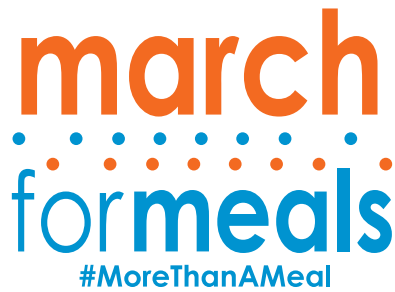
With more than 300 guests in attendance, “Nourishing Connections, Celebrating Community,” was a powerfully moving afternoon featuring incredible client testimonies to how our work is helping them maintain healthy and independent lifestyles.



Thank You to Our Sponsors



Thank You to Our 2025 March for Meals Sponsors & “Drive the Support” Fundraiser Businesses



Our annual campaign is a month-long celebration of support for homebound older adults across the state and raised \$116k—well over our campaign goal—to help fund our “More Than a Meal” delivery of nourishment and connection.

We are incredibly grateful to our presenting sponsors—Blue Cross & Blue Shield of Rhode Island and Webster Bank—and all the corporate, foundation, and **more than 400 individual supporters** who made last year’s campaign our most successful March for Meals in MOWRI’s history.



Food Is Medicine for Maternal Health

Launched in March 2025, MOWRI's home-delivery program for high risk maternity members, delivered in partnership with Blue Cross & Blue Shield of RI, helps women in managing nutrition for them and their new babies.

Polina, a first-time mother, shared the program helped her navigate sleep-deprived days of early motherhood and eased accompanying stress as she learned to care for her newborn.

“At the end of the day, what I eat is what my baby eats,” Polina said, emphasizing that the home-delivered meals helped her keep up energy levels while breastfeeding.

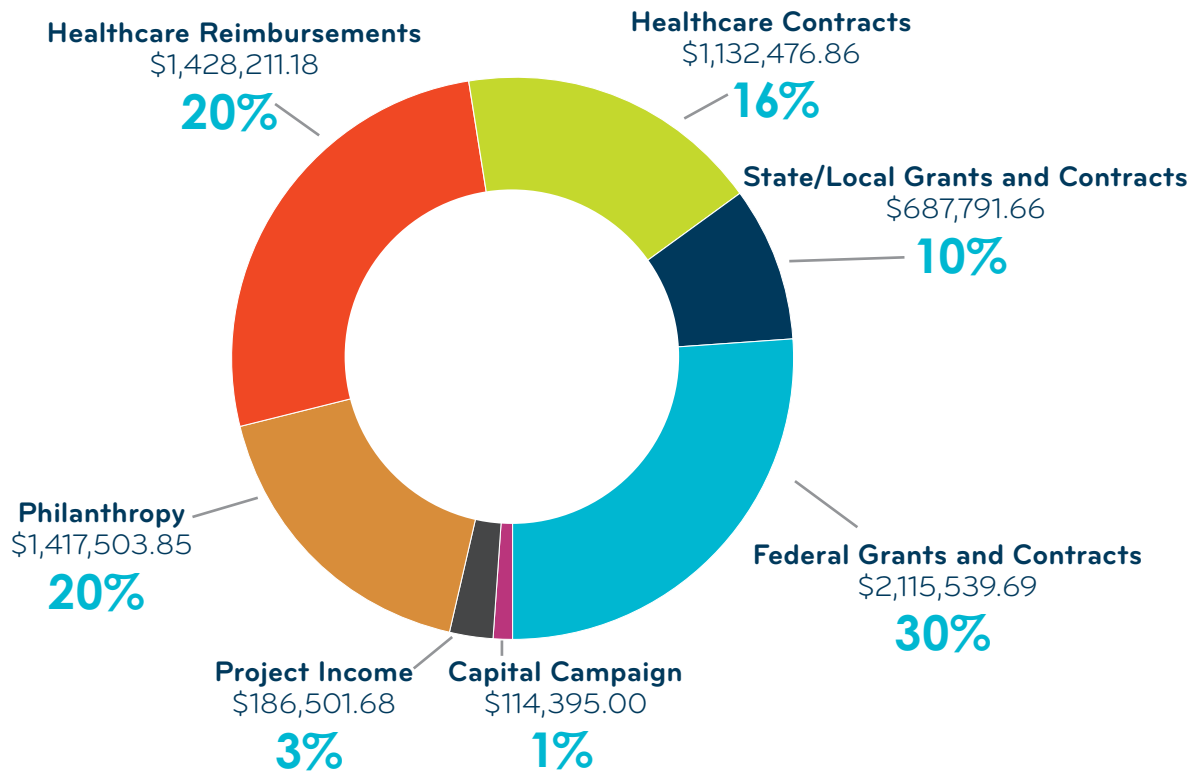
Maternal health meals serve as a preventative health intervention, helping new moms manage chronic health conditions and have been shown to decrease hospital readmissions following childbirth and to lower healthcare costs.

MOWRI's program provides participants with up to eight (8) weeks of 10 frozen meals. Participants also receive a monthly supplemental grocery bag delivery.

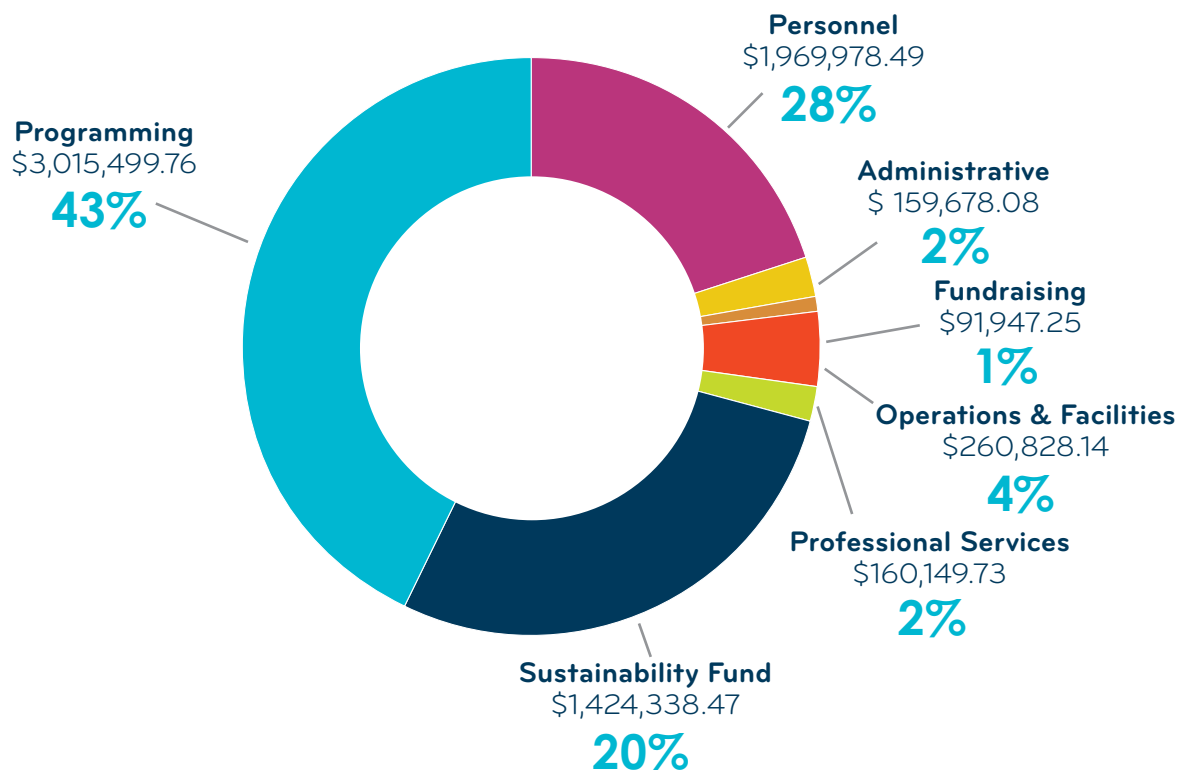


Financial Highlights

Resources:
\$7,082,419.92



Use of Resources:
\$7,082,419.92

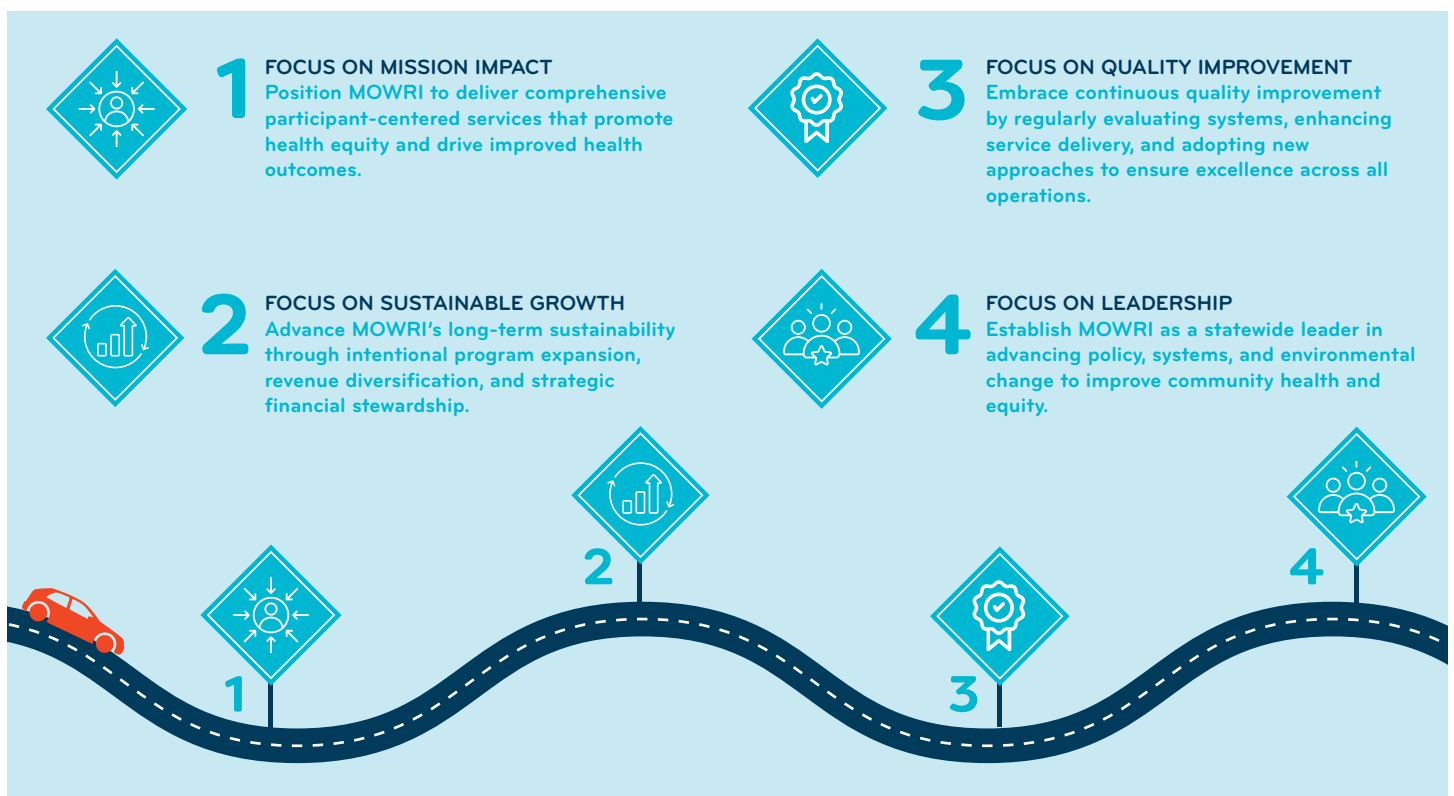


MOWRI 2030 Building Resilience, Deepening Impact

In 2025, Meals on Wheels of RI proudly delivered its 21 millionth meal, a milestone that invites us to look ahead with excitement and purpose. "Building Resilience, Deepening Impact" is a bold strategy with four core pillars that will propel the organization toward long-term sustainable growth and advance its mission impact across the state.

This plan identifies four focus areas that will position the organization to meet the needs of the communities it serves well into the next decade: **(1)** mission impact **(2)** sustainable growth; **(3)** quality improvement; and **(4)** extending leadership.

MOWRI's 2030 strategic plan follows a period of unprecedented organization growth and extension of its "More Than a Meal" service model into the healthcare space.



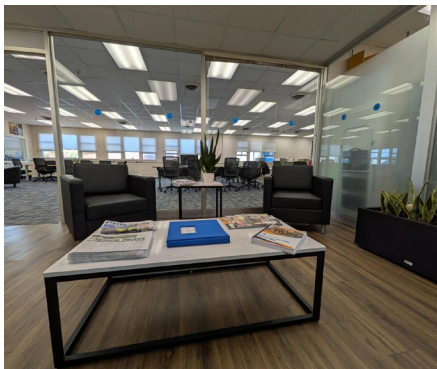
Guiding Strengths

MOWRI's strategic work over the last several years has yielded stronger partnerships with community-based organizations, policymakers, and other key stakeholders, as the organization has championed food as medicine, advanced health equity, and promoted overall well-being for those it serves while preserving and elevating its role as a tireless voice for the state's older adults:

- Well-established foundation for strategic growth
- Expanded role in health, aging, and equity ecosystems
- Embrace of innovation as a core growth tool
- Strengthening of partnerships as growth accelerators

Building Impact

Capital Campaign Update



MOWRI launched its first-ever Capital Campaign in July 2023 to secure the funding needed for a \$2 million renovation of its Providence headquarters. This investment will ensure the long-term sustainability of the building and support anticipated program growth and evolving organizational needs.

The renovation focuses on modernizing existing space through critical infrastructure updates and thoughtful redesign, improving functionality and adaptability across the building.

As of December 2025, 53% of the campaign goal has been raised, and several projects within the overall renovation plan have already been completed. With continued support from foundation and corporate partners, as well as individual donors, MOWRI is moving steadily toward a revitalized facility that will serve the organization and welcome its clients, community and stakeholders for decades to come.

A Sample of Completed Projects

- ADA-accessible entrance ramp for ground level access
- Refurbished lobby space
- West Park Street garage door conversion
- Bathroom renovations including ADA compliance
- Conference room renovations
- Office furniture upgrades

Our Generous Funders

- The Champlin Foundation
- Roddy Foundation
- Rhode Island Community Food Bank
- City of Providence
- Ocean State Charities Trust
- Carpionato Group
- Simon W. Wardwell Foundation
- Anonymous
- William P. Aldrich
- Stefanie Abate
- Lana J. O'Brien
- Matthew J. Nelson

We're 53% to our goal!

▼ \$1,046,179

\$2,000,000

To learn more and support our Building Impact campaign, please scan the QR code



Impact Supporter Spotlights

Rhode Island Foundation

With grant awards dating back to 1997, the Rhode Island Foundation (RIF) has been a longstanding supporter of MOWRI's mission and valued partner in helping our organization to evolve and extend its impact across the state.

In addition to grants that help us serve older adults in many Rhode Island municipalities and continue to advance our Food Is Medicine-focused work, in 2025 the Foundation generously supported two projects that will help build long-term organizational sustainability – (1) developing a business plan to incorporate nutritional counseling into our Food Is Medicine work and (2) ensuring volunteer program resiliency in response to nationwide decline.



van Beuren Charitable Foundation

van Beuren Charitable Foundation (vbcf) has been MOWRI's strongest partner in providing the Home-Delivered Meal Program to Newport County older adults for over 20 years.

In 2025, vbcf awarded our organization a 3-year, \$150k grant for continued support.

vbcf's grant award will support MOWRI's Home-Delivered Meal Program service for older adults in Newport, Jamestown, Little Compton, Middletown, Portsmouth, and Tiverton.

In 2025, this program served 301 Newport County clients, of whom 61% were older adults.

Making an Impact Through Planned Giving

Meals on Wheels of Rhode Island's Joseph Brown Society welcomes supporters to create a lasting impact by leaving a gift to our organization in their estate plans.

Joseph Brown (1924-2014) founded our organization in February 1969 with the goal of giving homebound seniors in Providence increased access to healthy foods. Within 10 years, Mr. Brown, his team and volunteers grew Meals on Wheels of RI to serve homebound older adults statewide and had delivered one million meals across the state.

As we continue the work Mr. Brown began 55 years ago, we honor his legacy through our planned giving society.

A planned gift made through your will, trust, or to Meals on Wheels of RI as an IRA beneficiary, helps ensure we can enact our mission for years to come.

For more information on planned giving to Meals on Wheels of RI, please contact a member of our development team at (401) 351-6700.



Joseph Brown Society

Anonymous
Hilda L.V. DeCesare*
Ardythe Ford*
Ethel M/ Halsey*
Diana L. Loeffler*
Evelyn C. Mullen*
Joseph Tringa*
Jean Halvorsen
Helen Macdonald

**Gift realized*

Corporate, Foundation, and Organizations

\$100,000+

Anonymous
Bank of America
Rhode Island Foundation

\$50,000+

Centreville Bank Charitable Foundation
The Simon W. Wardwell Foundation
van Beuren Charitable Foundation

\$25,000+

Blue Cross & Blue Shield of Rhode Island
City of Providence
Harriet Ballou Charitable Foundation
The Warren Alpert Foundation
Webster Bank

\$15,000 - \$24,999

Citizens Charitable Foundation
Frank B. Hazard Charitable Foundation
Rhode Island Senate
Roman Catholic Diocese of Providence
Town Fair Tire Foundation
Town of Barrington

\$10,000-\$14,999

BankNewport Charitable Foundation
Barrington District Nursing Association
Bristol County Savings Bank
Horace A. Kimbal and S. Ella Kimball Foundation
June Rockwell Levy Foundation
Lawson Charitable Foundation
Mabel T. Woolley Trust
Papitto Opportunity Connection
PPL Foundation

\$5,000-\$9,999

AAA Northeast
American Baptist Churches of Rhode Island
B.B. Lederer Sons Foundation
BankNewport
Bristol Home for Aged Women
Brown Medicine
Holmander Family Charitable Fund
John Clarke Trust
Dave's Marketplace
Dimeo Construction
Frederick C. Tanner Memorial Fund Inc.
HarborOne Foundation of RI
IM Fleet Family Fund
Inez Sprague Trust
Navigant Credit Union
Newman, Dignan & Sheerar, Inc.

Ocean State Charities Trust
Point32 Health
R.B. Howes & Co., Inc.
Rhode Island Community Food Bank
Squantum Association Charitable Foundation
The Edward J. and Virginia M. Routhier Foundation
Town of Westerly
Marie and Kent Tunncliffe Charitable Gift Fund
United Healthcare
PPL Foundation

\$2,000-\$4,999

Amica Companies Foundation (Matching Gifts)
Bank of America Employee Giving Campaign
Bonollo Provisions
Bristol Female Charitable Society Fund
Care New England Health Systems
Chelsea Groton Foundation
Edith S.S. Loebs Fund
Electric Boat Corporation, Quonset Point ECSA
Ferguson Perforating Company
Ferland Property Management
Greenville Baptist Church
Hackman & Phillips Elder Law RI
Harry M., Miriam C. & Williman C. Horton Charity Fund
Herbert E. Sackett Charitable Trust
Ida Ballou Littlefield Memorial Trust
Janci Foundation
Johnson & Johnson
Kimmel - Pelletier Fund
Marasco and Nesselbush Charitable Foundation
Mary Dexter Chafee Fund
McAdams Charitable Foundation
NewportFed Charitable Foundation
O.B. McCullough Fund
Prime Healthcare Services - Landmark LLC
Reynolds Charitable Trust
Rhode Island Society of CPAs
Starkweather & Shepley
Target Circle
The Ashaway Charitable Trust
The Kitt Wright Fund
Town of Narragansett
Town of Portsmouth
Vertikal6
Washington Trust Company
Waterson Terminal Services

\$1,000-\$1,999

Adler Pollock & Sheehan P.C.
Advocacy Solutions
BayCoast Bank
Bottaro Law

Brigido's Fresh Market
 Bristol Children's Home Fund
 Carpionato Properties
 Chapel Street Congregational
 City of Warwick
 Coast1 Credit Union
 Cross Provider Insurance
 Delta Dental of Rhode Island
 Embrace Home Loans, Inc.
 Enterprise/Taylor Charitable Entities
 Feibelman Family Fund
 Fern Brown Memorial Fund
 Illinois Tool Works
 Intercontinental Holding Company (Jerry's Supermarket)
 John and Jessica Pinkos Family Fund
 John Dixon & Katherine A. Johnston Foundation
 Massey & Associates, Inc.
 McCain Family Foundation
 Meals on Wheels of America
 Mutual of America
 N & D Transportation Company, Inc.
 NEARI Retired Political Action Committee
 Newport Rifle Club
 Neighborhood Health Plan of RI
 North Family Trust
 North Smithfield Ambulance Rescue Association
 Northup's Service Center Inc.
 Optative Group, LLC
 PACE Rhode Island
 PSG Equity
 Rhode Island Deputy Sheriffs FOP Lodge 38
 RI Department of Revenue Division of Taxation
 Robert and Beverly Mello and Marino Charitable Fund
 Rotary Charities Foundation of Rotary Club of Providence
 Saccoccio & Associates, Inc.
 Scott Volkswagen
 Second Serve
 The Beacon Foundation
 The Joseph and Rosalyn Sinclair Foundation, Inc.
 The Taoholistic Fund
 The Vermont Community Foundation

Town of Bristol
 Town of Burrillville
 Town of Charlestown
 Town of Middletown
 Town of North Smithfield
 Town of Richmond
 University Orthopedics
 Westerly Community Credit Union

\$500-\$999

Apollo Auto
 Axis Wealth Partners
 Brown School of Public Health
 Chirico Construction Company, Inc.
 Citrin Cooperman & Company, LLP
 Coast to Coast Promotional Products
 East Bay Printing
 East Greenwich Rotary Charitable Fund
 Gilbane Building Company (matching gifts)
 Grant Sherburne Fund
 Mary LeMoine Potter Fund
 McGreen's Fine Wine and Spirits, Inc.
 Pannone Lopes Devereaux & O'Gara LLC
 RBC Wealth Management
 Rhode Island Department of Health
 Roch's Fresh Foods
 St. Martin's Episcopal Church
 The Paul M. & Kathleen Manapeli Larson Fund
 West Warwick Chapter of AARP

\$250-\$499

A.A.R. P. East Bay Chapter #1302
 Alice Viola Fund
 Crestwood Advisors
 Bunnell Trust
 CVS Health (matching gifts)
 FM Global Foundation (matching gifts)
 nVent Foundation (matching gifts)
 Pfizer Foundation Matching Gifts Program
 Slaterville Congregational Church, Inc.
 Stop & Shop Bloomin' 4 Good Program
 Town Wine & Spirits



Individual Contributors



\$20,000+

Anonymous

\$10,000+

Kenneth and Judith Dionne
Eran Fraenkel
Connie Luke

\$5,000-\$9,999

Bridget Baird
Thomas D. Cerio III
Janet L. Coit
Paul and Valerie Debrule
Dione and Kenneth Kenyon
Karin E. McCormick
Erik and Sanaa Anders Nelson
Dorothea Silvestre
Emily A. Webber

\$2,000-\$4,999

Estellita Arig
Marylou Buyse
Christina Pitney
Dennis Donnelly
Pamela Giannini
Paul and Joyce Kilmartin
Helaine and Mark Schupack
Matilda Woiler



Christien and Nancy Asselin
Nathan Beauvais
Gerald Benson
Marcia and Alan Blazar
Frank Bragantin
Paula G. Carmichael
Beverly J. Clark
Alfred Conti
Bradford and Kimberly Dimeo
James and Carol Fitzsimonds
Jeffrey and Constance Giguere

\$1,000-\$1,999

Thomas Guerra
Gutkowski/Marcoux Family Fund
Mary E. Hardiman
Linda Hargreaves
Alanna K. Iacobbo
Richard and Anne Jordan
Tracey Keenan
Anne and Bruce Landis
Beverly Ledbetter
Becky Lowry
Jean D. Madden Jr.
Robert and Mercedes

Mahoney
Virginia and Paul Mahoney
Bess Marcus
Lily Martin
Mary Ellen McGrath
Brooke McGregor
David and Kathy Monaco
Patricia Nanian
Tania Palmieri
Muriel Palumbo
Roberta E. Richman
Paula H. Rooks
Anthony Mark Roza

\$500-\$999

Kaitlyn Alves
Dr. Sarah Amin
Natalia Andrade
Scott Barrett
Cheryl Benn
Deborah Booth
Christine Bowry
Kenneth and Miriam Campbell
Carol Christensen
Jane E. Cimini
Patricia Confort and Thierry Deegan
David and Benita Cook
Thomas J Cotter
Ernest Crivellone
Jane and Richard Cronin

Gary and Carol Cummins
Gloria Dahl
Marc Delcheccolo
James Derderian
Christopher Doepper
Eric Falk
Josefowicz Family Fund
Luz M Filpo
Amy and Michael Garofalo
Jonathan and Rita Gewirz
Cathleen A. Gontarek
Thomas and Rosemary Grady
Carol Grant
Jeffrey Grybowski
Thomas & Susan Guerra
Spencer and Marguerite

Hall
Pamela J. Harvey
Brian Hunter
Ellen T. Kane
Michele I. Kelly-Robinson
Priscilla H. Lambert
Stephen Lapatin
Carol A. Le Page
Richard and Ruth Ann Lewis
Lisa Raiola
Michael and Jane Litner
Jay Longley
Helen Gilbane Macdonald
Giselle Mahoney
Judy Malin
Corey McCarty

\$500-\$999 contd.

Elizabeth F. McGrath
Francis X. McMahon
Richard and Barbara McWhirter
Lucille A. Medeiros
Michael and Ann Marie Garofalo
Peter L. Moreau
Lynanne Morganstern
Jaclyn Moxham
Harold and Laura Horvat
Alice Msumba
Matthew and Janeen Nelson
Melissa Niziolek

Santosh Perumbadi
Benjamin Pezzi
Elizabeth Phillips Esq.
Ralph and Letty Raponi
Timothy Reed
Robert and Judith Rivard
Amy Robb
Dawn Roch
Jane E. Roman
Patricia Rutter
Ellen Simmons
Kevin M. Smith

Gregory W. Smolan
Donna M Surtel
Lisa H. Sweeney
Carol Terry and James Janecek
Esther and Elliott Urdang
Margaret and Howard Watson

\$250-\$499

Cathy Andreozzi
Alice Arredondo
Deb Austin
Joann Barao
Deborah Barchi
Sierra Barnhardt-Barter and
Benjamin Terry
Mars and Prudence Bishop
Cindy Bowden
Michael E. Brankert, Sr.
Carrie Bridges
Karl & Jean B. Brother
Matthew Brouillard
Kevin Butler
Robert J. Calabro
Shelly Cappucci
Krystal and Kevin Carnes
Lisa and Michael Casey
Joseph and Joan Cembrola
Senator Frank Ciccone
John and Suzanne Colby
John and Kathy Connelly
Raymond Cox
Thomas J. Dacey
Murray and Judith Danforth III
Jennifer Dellefratte
Louise Denham
David Duquette
Dr. Yul D. Ejnes
Carol C. Feliciano
Bill & Joan F. Flynn
Daniel Fournier
Sarah Frost
Allyson Gallagher
Catherine Garson
Ed Giachelli
Frank Giarrusso
Earl and Lorraine Gladue
Timothy Greaves
Elizabeth Grenier
Karen A. Gudmundson
Ellen Hendrix

Megan Herne
Karen Hess
Douglas and Nancy Hinman
Paul M. Hoffman and Celia
Schnacky
Nancy Howard and Mary Miller
Stefani Hulitar
Patti Hunt
Michael S. Jones
Thomas Jones
Christine Kane
David Katzen
Rebecca M. Keister
Shandelle Kenler
David Kenyon
Susan Kerins
Peter C. Kostant
Janet Labrecque
Michael and Darleen Lambrese
Matthew LaMountain
Barbara S. Lesko
Ramzi J. Loqa
James Loxley
Paul L. Lucier
Diane R. Lynch
Carmen B. Lysaght
Beverly T. Mack
Janis H. Marecsak
Kerianne Marino
Theresa E. Mathiesen
Douglas and Gretchen Mayhew
Elizabeth McClaine
Timothy and Erica McCormick
Ryan McEleney
Ann McLaughlin
John J. Menihan, Jr.
Amy Miller
Stephanie Miller
Thadeus Mocarski
Ms. Margaret J Moone
Erica Mottau
Brittany Mulcahey

Thomas Mulvey Jr.
Daniel J. O'Hara
Thomas and Graciela A. Palumbo
Michael and Susan Patch
Michael Pawlitschek
Sarah Perrotta
Stephen Perry
Sandra Peterle
Sharon and Charles Picard
Barbara A. Piette
Garry and Virginia Plunkett
Betsy P. Puckett
Robert S Raposo
Kenneth and Elaine Rawlinson
Jami Ribeiro
Eric and Sharon Rose
Mark and Donna Ross
Andrea Rusnock and Paul Lucier
Vijaya Sambandam
Rich and Jane Schweinsburg
Janet Seals
David Sholes
John Silva
Samuel and Pamela Sinel
Rosalie I Slabon
David Sleczkowski and Marguerite
Pelletier
Barbara Sorgel
Ryan M Sousa
Marita T. Stapleton
Sandra A. Stuart
Thomas Sugrue
Joanna Susin
Don Troppoli
Dina Ucci
Richard Veyera
Michael and Rita Vieira
Sharon Walsh
Michael C. Wood
Richard and Mary Worrell
Herbert A. Zakrison
Ann and Stephen Ziobrowski



Members of Meals on Wheels of Rhode Island's monthly giving program are recurring donors whose commitment to our mission is helping to ensure the sustainability of our programs.

We are proud to recognize the following donors for their exceptional generosity.

2025 Tomorrow's Meal Club

Deborah Barchi
Scott Barrett
Nathan Beauvais
Jack Beck
Brian M. Blair
Alice Bolognese
Cindy Bowden
Christine Bowry
David J. Brannick
Nancy Brindisi
Renee Chicoine
Tanya Coccia
John and Suzanne Colby
John and Kathy Connelly
Catherine Costantino
Raymond Cox
Louise Denham
James Derderian
Christopher Doepper
Ara Dostourian

Daniel Fournier
Allyson Gallagher
Catherine Garson
Ed Giachelli
William Gorman
Victoria Gu
Gutkowski/Marcoux Family Fund
Jamie M. Harrower
Pamela J. Harvey
Eileen Jutras
Rebecca M. Keister
Julia Liu
Becky Lowry
Diane R. Lynch
Carmen B. Lysaght
Giselle Mahoney
Albert S. Malkasian
Kerianne Marino
Carol and James Medeiros

Wayne Mills
Lynanne Morganstern
Cindy Mulvey
Lois A. Palombo
Thomas and Graciela Palumbo
Laurie Marie Pisciotta
Donnalee Pratt
John and Sylvia Reinholt
Roberta E. Richman
Robert and Judith Rivard
Eric and Sharon Rose
Janet Seals
Barbara Sorgel
Sharon Stern
Ginamaria Tassinari
Bridget Valverde
Richard Veyera
Charles W. Winter Sr.
Michael C. Wood

MOWRI Team Supporters

We are proud to recognize the following team members for contributing to our culture of philanthropy through a personal donation.

Steven Cambio
Shana DeFelice
Keren C. Dela Cruz
Ramona Fernandez
Luz M. Filpo

Amy J. Garofalo
Meghan R. Grady
Nicole L. Greaves
Rick Hernandez
Wetherley Hundley

Jeannie Joly
Grace Kane
Erica Mottau
Linda Rampone
Miguel Rios



Your Donations Matter

As an independent nonprofit organization, every donation we receive remains in Rhode Island, directly benefiting your local community. Regardless of the amount you contribute to Meals on Wheels of RI, your generosity holds immense significance.



\$10
Supporter

Provides one home-delivered meal, wellness check, and socialization for an older adult in Rhode Island.



\$50
Nourishing Neighbor

Provides one week of home-delivered meals, safety-checks, and meaningful socialization.



\$100
Community Caretaker

Ensures two weeks of consistent, healthy home-delivered meals and valuable socialization.



\$200
Delivery Hero

Enables a full month of nutritious meals, life-saving wellness checks, and engaging social interactions for an older adult in Rhode Island.

2025 In-Kind Donors

22 Bowen's
Stefanie Abate
Adler Pollock & Sheehan P.C.
Air and Anchor
Air Ventures Flying School
Kayla Amaral
Asia Grillr
Ballet RI
Jennifer Barros
Tom & Christine Beaulieu
Bettola
Bill's Place
Black Oak
Marylou Buyse
Campanella's
Mary Ellen Cantone
Cardi's Furniture
Marie-Elena Carpenter
Cassarino's Restaurant
Chelo's
Chili's
Circe Prime
Coca-Cola Beverages Northeast
Condesa
Maliza Crudele
Dan's Place
Dave and Busters
Dave's Marketplace
Lianne Desrosiers
Sarah Demeo
Jacqui Dodge
Dolce and Salato
Edgewood Cheese Shop
Janet Farrell
Firehouse Theater
Foxwoods Resort - Casino

Frank Pepe's Pizzeria
Gansett Cruises
Garden Grille/Wildflour
Amy Garofalo
Ann Marie Garofalo
Gianna Geary
Meg Grady
Elizabeth Graham
Grampo LLC Restaurant Group
Gregg's
Mary Harrington
Iggy's
Interstate Navigation
J&J Gasbarro's Oaklawn Liquors
Thomas A. James
Joyal's Liquors
Mary Karn
Kristi's Kraftails
La Masseria
Matthew Ladewig & Amy Robb
Legal Seafoods
Level 99 - Providence
Lincoln Country Club
Wenda Loch
Jay Longley
Becky Lowry
Jeneane Lunn
Helen W. MacDonald
Macera's
Mind Your Dog
Giselle Mahoney
Mak Mak
Maria Burton Photography
Whitney Martin
Laurie Wilson
McBride's Pub

Thomas Morelli
Newport Restaurant Group
Nick's on Broadway
Not Your Average Joe's
Oberlin
Ocean House
Olive Garden
Pet Supplies Plus
Christina Pitney
Poco Loco
Red Stripe
RI Latin Dance
Emily Rinda
Roger Williams Park Zoo
Rumford Pet Center
Savory Fare
Gregory W. Smolan
Tandy Lane
Taste Buds Kitchen
Tavern in the Square
The Big Cheese
The Gamm Theatre
The Patio
The Woods Tavern
Daniel & Donna Theriault
Topgolf Rhode Island
Talia Triangolo
Trinity Repertory Company
T's Restaurant
Twin Oaks
Twisted Pizza
UNO Pizzeria & Grill
Waysider
Wine and Cheese



MARCH FOR MEALS

MARCH 1-31

401GIVES DAY

MARCH 31

FESTIVAL OF MEALS

TUESDAY, OCTOBER 20

Follow us on
Social Media



70 Bath Street, Providence, RI 02908
tel 401.351.6700 | fax 401.351.6750
rimeals.org

Stay Connected



Schedule a Tour



Become a Volunteer



Make a Donation