

July



2026

Monday		Tuesday		Wednesday		Thursday		Friday	
	29		30		1		2		3°
Beef Shepherd's Pie Sautéed Asparagus Dinner Roll		BBQ Chicken Mac & Cheese Braised Collard Greens Biscuit		Eggplant Parmesan Penne Marinara Sautéed Broccolini Italian Bread		American Chop Suey Steamed Green Beans Biscuit		Pan Seared Haddock Orzo Risotto Braised Leeks Dinner Roll	
	6		7		8		9		10
Classic Meatloaf in Gravy Mashed Potatoes Peas & Carrots Dinner Roll		Chicken Parmesan Penne Marinara Steamed Broccoli Italian Bread		Turkey & Quinoa Stuffed Pepper Parmesan Roasted Asparagus Dinner Roll		Chicken Fajita Quesadilla Mexican Street Corn Medley Roasted Broccoli Dinner Roll		Beef Swedish Meatballs Buttered Egg Noodles Roasted Carrots and Parsnips Dinner Roll	
	13		14		15		16		17
Chicken Cordon Bleu Basmati Rice Broccoli & Cauliflower Baguette		Maple Dijon Glazed Chicken Breast Quinoa Kale Pilaf Peas & Carrots Dinner Roll		Chicken Marsala Mashed Potatoes Lemon Roasted Asparagus Italian Bread		Vegetarian Manicotti with Marinara Sauce Sautéed Summer Squash Medley Garlic Knot		NE Style Haddock Roasted Fingerling Potatoes Sautéed Green Beans Baguette	
	20		21		22		23		24
Italian Braised Beef Brisket Creamy Parmesan Polenta Steamed Broccolini Italian Bread		BBQ Pulled Pork Baked Beans Garlic Stir Fried Vegetables Biscuit		Dominican Pollo Guisado Cilantro Lime Rice Dominican Black Beans Dinner Roll		Maple Glazed Pork Roast Baked Sweet Potato Roasted Brussels Sprouts Dinner Roll		Shrimp Scampi with Linguine Grilled Zucchini & Squash Dinner Roll	
	27		28		29		30		31
Chicken Pot Pie with Cornbread Topping Mixed Roasted Vegetables Dinner Roll		Beef Stroganoff Buttered Egg Noodles Broccoli & Cauliflower Baguette		Apple & Spinach Stuffed Pork Loin Wild Mushroom Risotto Sautéed Green Beans Dinner Roll		Herb Braised Chicken Thigh with Gravy Herb Roasted Potatoes Roasted Asparagus Dinner Roll		Crab Cake Melt Cajun Red Beans and Rice Biscuit	