

August



2026

Monday	Tuesday	Wednesday	Thursday	Friday
3 Baked Ham Dinner Steamed Carrots Parsley Boiled Potato Dinner Roll	4 Chicken Empanadas Sweet Plantains Dominican Black Beans Dinner Roll	5 Spinach & Mushroom Quiche Roasted Sweet Potatoes Roasted Brussels Sprouts Biscuit	6 Homestyle Lasagna Roasted Broccoli Italian Bread	7 Grilled Swordfish Seasoned Basmati Rice Steamed Broccoli Dinner Roll
10 Roast Beef Au Jus Baked Potato Steamed Green Beans VW Dinner Roll	11 Chicken & Broccoli Penne Alfredo Roasted Broccoli Italian Bread	12 Chicken Marsala Mashed Potatoes Sauteed Asparagus Dinner Roll	13 Beef & Rice Stuffed Pepper Roasted Brussels Sprouts Italian Bread	14 Lemon Dill Salmon Quinoa Pilaf Mixed Roasted Vegetables Dinner Roll
17 BBQ Pulled Pork Baked Beans Braised Collard Greens Biscuit	18 Vegetarian Manicotti with Marinara Sauteed Asparagus Garlic Knot	19 Marinated Turkey London Broil Mashed Potatoes Green Bean Casserole Dinner Roll	20 Chicken Pot Pie with Cornbread Topping Roasted Beets & Celeriac Dinner Roll	21 Fried Cod Oven Roasted Potato Wedges Steamed Broccolini Dinner Roll
24 Baked Ham Dinner Mashed Butternut Squash Roasted Brussels Sprouts Dinner Roll	25 Beef Shepherd's Pie Roasted Cauliflower Dinner Roll	26 BBQ Chicken Macaroni & Cheese Braised Collard Greens Biscuit	27 American Chop Suey Sauteed Asparagus Biscuit	28 Pan Seared Haddock Wild Rice Pilaf Grilled Zucchini Italian Bread
31 Eggplant Parmesan Penne with Marinara Sauce Steamed Broccoli Italian Bread	1 Homestyle Meatloaf Mashed Potatoes Peas & Carrots Dinner Roll	2 Turkey & Quinoa Stuffed Pepper Roasted Squash Medley Dinner Roll	3 Chicken Fajita Quesadilla Mexican Street Corn Medley Roasted Broccoli Biscuit	4 Fish & Chips Sauteed Asparagus Dinner Roll