

September



2026

Monday	Tuesday	Wednesday	Thursday	Friday
31 Eggplant Parmesan Penne with Marinara Sauce Steamed Broccoli Italian Bread	1 Homestyle Meatloaf Mashed Potatoes Peas & Carrots Dinner Roll	2 Turkey & Quinoa Stuffed Pepper Roasted Squash Medley Dinner Roll	3 Chicken Fajita Quesadilla Mexican Street Corn Medley Roasted Broccoli Biscuit	4 Fish & Chips Sauteed Asparagus Dinner Roll
7 Swedish Meatballs Buttered Egg Noodles Roasted Carrots & Parsnips Dinner Roll	8 Chicken Cordon Bleu Basmati Rice Green Beans Almondine Baguette	9 Maple Dijon Glazed Chicken Breast Quinoa & Edamame Pilaf Peas & Carrots Dinner Roll	10 Italian Braised Beef Brisket Parmesan Polenta Steamed Broccolini Italian Bread	11 NE Style Cod Roasted Fingerling Potatoes Roasted Squash Medley Biscuit
14 BBQ Pulled Pork Macaroni & Cheese Braised Collard Greens Biscuit	15 Dominican Braised Chicken Thighs Cilantro Lime Rice Black Beans Dinner Roll	16 Shrimp Scampi over Linguine Grilled Zucchini & Squash Italian Bread	17 Maple Glazed Pork Roast Baked Sweet Potato Roasted Brussels Sprouts Dinner Roll	18 Chicken Pot Pie with Cornbread Topping Steamed Green Beans Dinner Roll
21 Herb Braised Chicken Thighs Rosemary Roasted Potatoes Steamed Broccoli Dinner Roll	22 Pan Seared Haddock Wild Rice Pilaf Grilled Zucchini & Squash Italian Bread	23 Apple and Spinach Stuffed Pork Loin Wild Mushroom Risotto Sauteed Green Beans	24 Baked Ham Dinner Parsley Boiled Potatoes Steamed Carrots Dinner Roll	25 Lemon Grilled Swordfish Basmati Rice Pilaf Blistered Cherry Tomatoes Italian Bread
28 Mixed Vegetable Quiche Roasted Butternut Squash Sauteed Spinach Biscuit	29 Lemon Herb Chicken Breast Roasted Sweet Potatoes Sauteed Asparagus Dinner Roll	30 Roast Beef with Rosemary Au Jus Baked Potato Steamed Green Beans Dinner Roll	1 Shrimp & Broccoli Alfredo Italian Bread	2 Lemon Dill Salmon Quinoa Kale Pilaf Sauteed Broccolini Italian Bread